



FACULTY WOMEN'S CLUB

FALL 2026 BULLETIN

Please join us for our annual
Fall Welcome Luncheon

Dr. Kala Bailey, MD, MBA

Vice Chair for Clinical Affairs
Department of Psychiatry

Learn about the new Texas Behavioral Health Center

**Tuesday, October 6th, 2026
11:00am - 1:30pm**

T. Boone Pickens Biomedical Building
14th Floor, UTSW N. Campus
6001 Forest Park Rd

Cost: \$20 per person

Reservation deadline: October 1st, 2026

To register : www.utsouthwestern.edu/facultywomensclub

Scroll to "Quick Links," click on "Events"

Questions: Heike.cullum@utsouthwestern.edu



Dr. Kala Bailey, MD, MBA

Contact email:

fwc@utsouthwestern.edu

Website:

[www.utsouthwestern.edu/
facultywomensclub](http://www.utsouthwestern.edu/facultywomensclub)

Facebook:

facebook.com/groups/utswfwc

FWC FALL MEMBERSHIP DRIVE

Registration OPEN for 2026-2027



Member Benefits:

- * 1/2 price on ALL FWC events
- * Bi-annual Bulletin
- * Monthly Highlights Email Newsletter
- * Access to all Interest Group Activities
- * Membership Directory
- * Access to Facebook Group

2 Easy Ways to Join or Renew

ONLINE: Use the link www.utsouthwestern.edu/facultywomensclub or scan QR code to access website/online application and scroll to "New & Returning Members".

MAIL: Return enclosed Yellow Membership Application with a check to FWC and mail to address provided on form

Thinking of becoming a new member, but have questions:

Contact: fwc@utsouthwestern.edu

Member Dues:

Annual Fee: \$30

Message from our co-presidents...

We're excited to kick off a new year with the Faculty Women's Club and would love for you to join us. The club is a great way to meet women from across the UT Southwestern community, make new connections, and enjoy fun and engaging events throughout the year. Our much-anticipated annual Fall Welcome Luncheon is a wonderful opportunity to gather, learn and reconnect with friends and colleagues. Whether you're new to the FWC or have been a member for years, there's a place for you in our group. We hope you'll join us for what promises to be a fantastic year!

Heike Cullum and Kathy Peters

Parkland Wish List – FWC Service Project

This is a volunteer group who collects and delivers non-cash donations to Parkland Hospital patients who have little to no financial resources. Your donations provide the neediest patients with essential items. The most needed items are for preemies and newborns. To learn more about this service project, please visit our website and look for the "Parkland Child Life Amazon Wish List". Your Amazon purchases will be delivered directly to Parkland. The Parkland nurses expressed their sincere appreciations for ALL the donations. Thank you for your generosity!

SAVE THE DATE

FWC Annual Holiday Tea
December 15th @11 am
La Parisienne French Bistro

Interest Groups – FWC Members only

Book Club

Book titles are chosen in June and **members volunteer to host** in their homes and lead discussions. Zoom links are available. Join FWC and book club for locations and updates.

AM Book Club

First Wednesday of each month. Coffee begins at 9:30 am with a book discussion starting at 10:00 am



PM Book Club

Third Wednesday of each month. Snacks begin at 7 pm with a book discussion starting at 7:30 pm



Mah Jongg

Our group meets every Thursday and 2 Saturdays (1st and 3rd) from 1- 4 pm in members' homes. The hostess sends out an email a few days before we play with information about the location, etc.



We provide instructions to those new to the game as well as welcoming seasoned players. We also provide refreshments and all supplies including the annual cards, so members need not bring anything but a desire to play and have fun. If you would like to be included on the email list, be sure to check the Mah Jongg interest group box when you join and pay your dues. Please feel free to email with questions.

Carol Burns drmomcb@hotmail.com

Lisa Brautigam Lisabrautigam@yahoo.com

Mindfulness



Mindfulness is the practice of paying attention to the present moment, on purpose and without judgment. It is a practice that has been around since ancient times with evidence-based benefits, including stress and anxiety reduction, increased attention and focus, and greater connection and compassion.

We're excited to announce that Mindfulness is back. We understand you need more options due to work and personal activities so we offers a mix of online and in-person classes, as well as weekday and weekend times. When you enroll or renew your membership, be sure to sign up for Mindfulness. Krystyna will send out the full schedule.

For more information and to RSVP, please email:

Krystyna Isaacs krysisaacs@gmail.com

Needle Arts

Whether you are experienced in needle arts or just beginning, we invite you to join us. At a typical meeting each of us may be working on something different – including knit, crochet, cross stitch, needle point, quilting, creating soft sculptures and more. We are an informal and friendly group of women who share ideas and learn from each other. This is a great way to carve out time for your project amid a busy schedule.



We meet in homes of our members, usually 1-3 p.m. on the 3rd Thursday of the month.

Faculty Women's Network

Our group is composed of women faculty across the UT Southwestern system. We focus on organizing social and educational events and working with other women groups within the UT systems to facilitate professional connections and peer support.

Welcome Dr. Isabel Huang and Dr. Kate Mangona as co-chairs. They will host their first event at Sachet (4270 Oak Lawn Ave, Dallas) on **Thursday, September 17th at 6pm.**

Kate Mangona KateLouis.Mangona@utsouthwestern.edu

Isabel Huang Isabel.Huang@utsouthwestern.edu

Freewheelers

What an opportunity! This fall we will tour the brand new Texas Behavioral Health Center, DFW's first state-funded psychiatric center. Designed to deliver highly advanced, patient-centered care in a modern, healing environment, the center will have beds for 292 adults and 92 for children and adolescents. The center will also provide training to all behavioral health disciplines.



More information will soon be available.

Stephanie Haley haleysk@gmail.com

Linda Wilson lw248@sbcglobal.net

Garden Exchange

For new and experienced gardeners & anyone who enjoys getting together and visiting beautiful gardens. We enjoy exchanging plants, seeds, and inspiration.



Join us on **October 9th at 10:30am** for a presentation by **Rusty Allen of North Haven Gardens** followed by lunch at the home of Iris Hommes-Kindt. For more information, please email:

Carol Mitchell bruggsie@gmail.com

Iris Hommes-Kindt irishommeskindt@hotmail.nl

More for Moms

As we head into a new school year, we're excited to keep this group active, connected, and fun. You're always welcome to join us.. Have an activity or idea you'd love to see? Reach out to

Anna Tomlinson. We'd love to hear your suggestions!

If you're on the email list, keep an eye out for a brief survey coming soon. We'll be gathering your input on times and activities you and your kids would most enjoy connecting this year.



Anna Tomlinson altomlinson10@gmail.com

For more information on FWC Interest Groups, see front page of Bulletin for contact information.