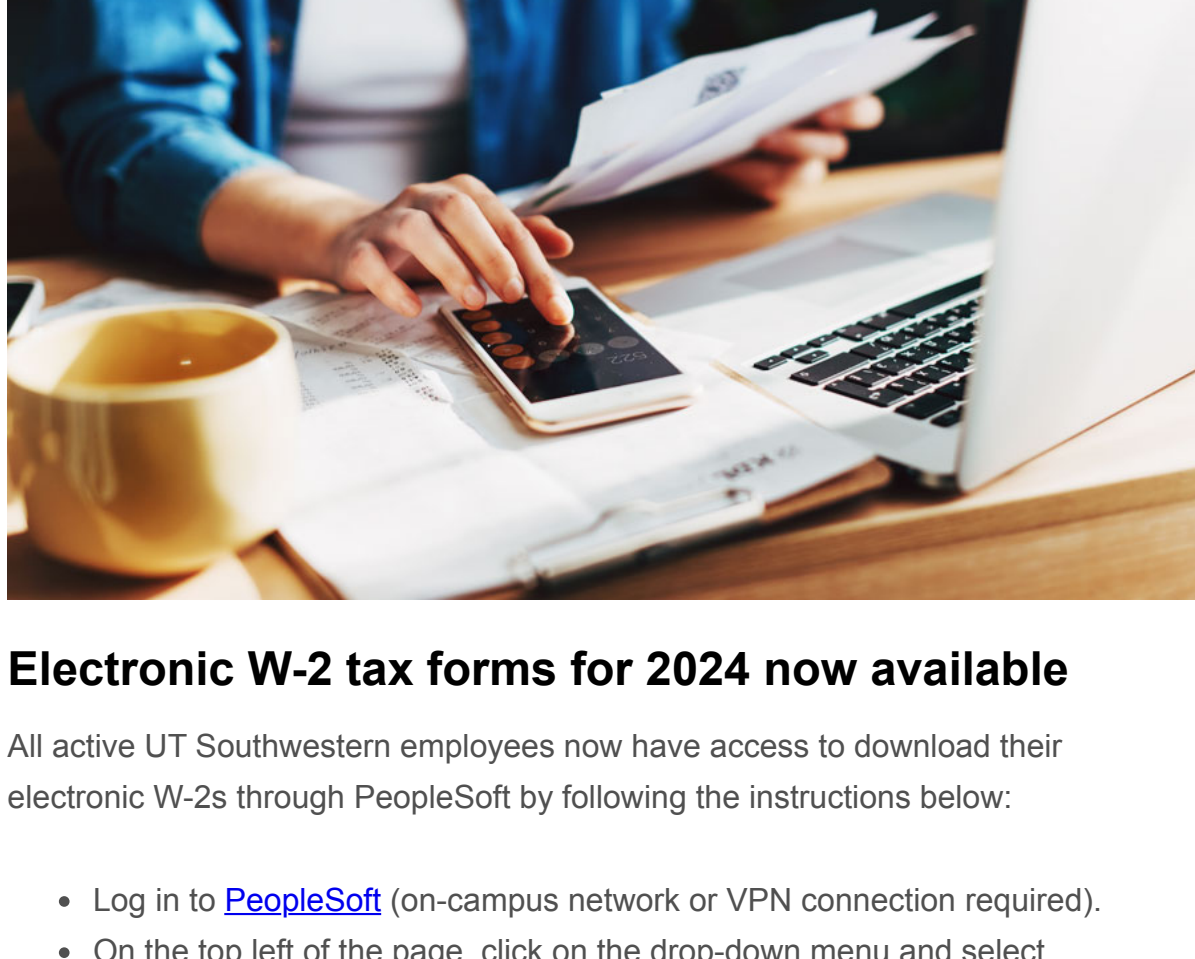




Electronic W-2 tax forms for 2024 now available

All active UT Southwestern employees now have access to download their electronic W-2s through PeopleSoft by following the instructions below:

- Log in to [PeopleSoft](#) (on-campus network or VPN connection required).
- On the top left of the page, click on the drop-down menu and select “Employee Self Service (ESS).”
- Select the “Payroll” tile.
- In the left navigation, select “View W-2/W-2c Forms.”

For more details, including information on receiving a paper copy by mail, please visit this post on [Campus Update](#).

Women’s Health Research Spring Forum

Are you passionate about women’s health research?

You’re invited to the Women’s Health Research Spring Forum on April 17. Hosted by the [Women’s Health Research Initiative](#) and sponsored by the [Cecil H. and Ida Green Center for Reproductive Biology Sciences](#) and the Vice Provost and Dean of Basic Research, this forum is an opportunity to connect basic, translational, and clinical researchers around common themes in women’s health across the lifespan.

Our scientists and clinicians, including faculty, postdocs, fellows, staff, residents, and students are welcome to submit an abstract on any topic related to women’s health research. If you are interested in presenting a 10-minute talk or a poster, please complete the [abstract submission form](#) by Feb. 14.

The event will be on South Campus in D1.602. If you have any questions, please contact [Katherine Guhin](#).

[Register to attend](#)

Heart Month on the horizon!

February is just around the corner, and we’re ready to celebrate American Heart Month. Here’s an advance look at what’s ahead. (Spoiler alert: We’ve got Mavs tickets!)

National Wear Red Day: Feb. 7

Throw on your favorite red apparel and [email](#) a photo of yourself and/or your team on Friday, Feb. 7, for a chance to be featured in our video collage on social media. Be sure to submit your photo(s) by 3 p.m.

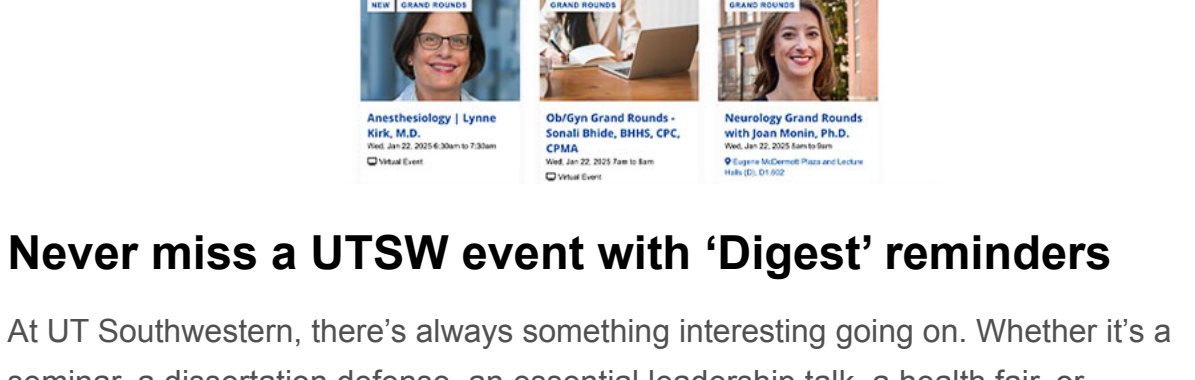
Step-A-Thon challenge: Feb. 7-9

This year’s top stepper will receive an exciting prize – two tickets to the Dallas Mavericks Heart Health Night on Thursday, Feb. 13.

How to enter the Step-A-Thon:

- Starting on Feb. 7 and running through Feb. 9, keep track of your steps on the tool of your choice, capture screenshots of your totals, and email your three-day total to heart@utsouthwestern.edu.
- Add to the fun by sharing selfies or pictures of you with your fellow participants.
- Submit your final step count and photos no later than 9 p.m. Sunday, Feb. 9. Reminder: Screenshots of step totals are required to be eligible to win.

Additionally, our Cardiovascular Services team has a variety of activities planned, such as heart health fairs, a Dallas Symphony Orchestra performance, and much more. Keep an eye out for more information on Heart Month in upcoming issues of *Insider*.



Never miss a UTSW event with ‘Digest’ reminders

At UT Southwestern, there’s always something interesting going on. Whether it’s a seminar, a dissertation defense, an essential leadership talk, a health fair, or something else related to our mission, we are always on the go.

Most UTSW events are listed on our [Events Calendar](#), but keeping up with items that interest you can be a challenge. Did you know that you can configure the “Events Digest” feature so you will receive customized weekly alerts?

To set up the Digest feature:

- Navigate to the [UTSW Events Calendar](#)
- Log in with your UTSW credentials at the top of the page.
- Go to “Settings” in the drop-down menu by your avatar.
- Click “Communications,” then “Digest,” and then “Create an Email Digest.”
- From there, you’ll be able to choose the type of events that you want to see in your results.

And just like that, you’re even more in the know!



Lunar New Year luncheon

Come celebrate the Year of the Wood Snake – a symbol of wisdom, intuition, and transformation – with the [Asian-Pacific Islander Alliance Business Resource Group](#) (APIA BRG) at a festive luncheon filled with culture, connection, and traditional cuisine in the Clements University Hospital Dining Room on Thursday, Jan. 30.

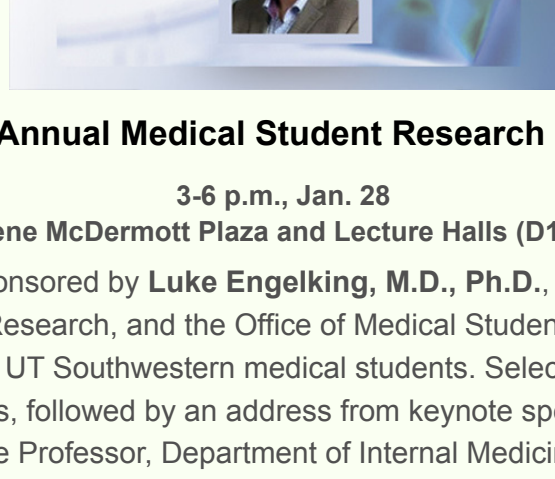
Indulge in a specially curated menu, priced at \$8, featuring crispy sesame chicken, Chinese pepper steak, vegetable lo mein, steamed rice, stir-fried vegetables, vegetable egg rolls, green tea, and an Asian-themed dessert.

Tickets will be available at CUH cafeteria registers that day, starting at 11 a.m.; grab yours before the food runs out!

Be sure to stop by the APIA BRG table to learn more about the celebration.

[Details](#)

Insider Guide



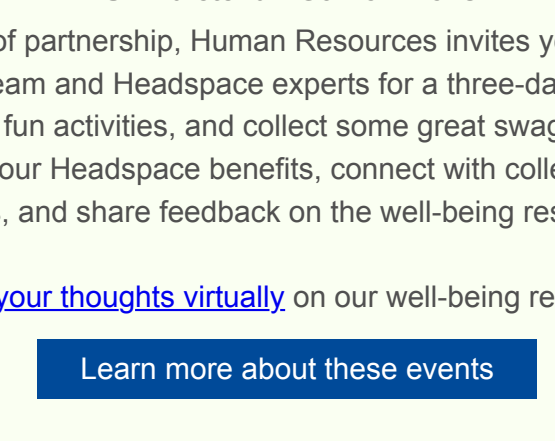
63rd Annual Medical Student Research Forum

3-6 p.m., Jan. 28

Eugene McDermott Plaza and Lecture Halls (D1.700)

This annual event, sponsored by [Luke Engelking, M.D., Ph.D.](#), Interim Associate Dean for Medical Student Research, and the Office of Medical Student Research, celebrates research conducted by UT Southwestern medical students. Selected students will present their research projects, followed by an address from keynote speaker [Rodney Infante, M.D., Ph.D.](#), Associate Professor, Department of Internal Medicine and in the Center for Human Nutrition.

[Details](#)



UTSW and Headspace one-year anniversary event

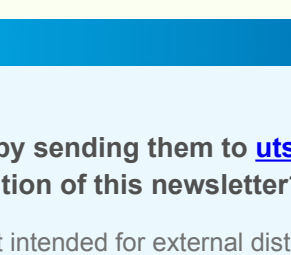
11 a.m.- 2 p.m., Jan. 28-30

CUH Cafeteria/NG3 Commons

To mark one year of partnership, Human Resources invites you to join our UTSW Employee Support team and Headspace experts for a three-day event. Find valuable resources, engage in fun activities, and collect some great swag! You can learn how to make the most of your Headspace benefits, connect with colleagues and wellness experts, and share feedback on the well-being resources.

[Share your thoughts virtually](#) on our well-being resources.

[Learn more about these events](#)



UTSW Events Calendar

Looking for your daily dose of happenings?
The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu. Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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