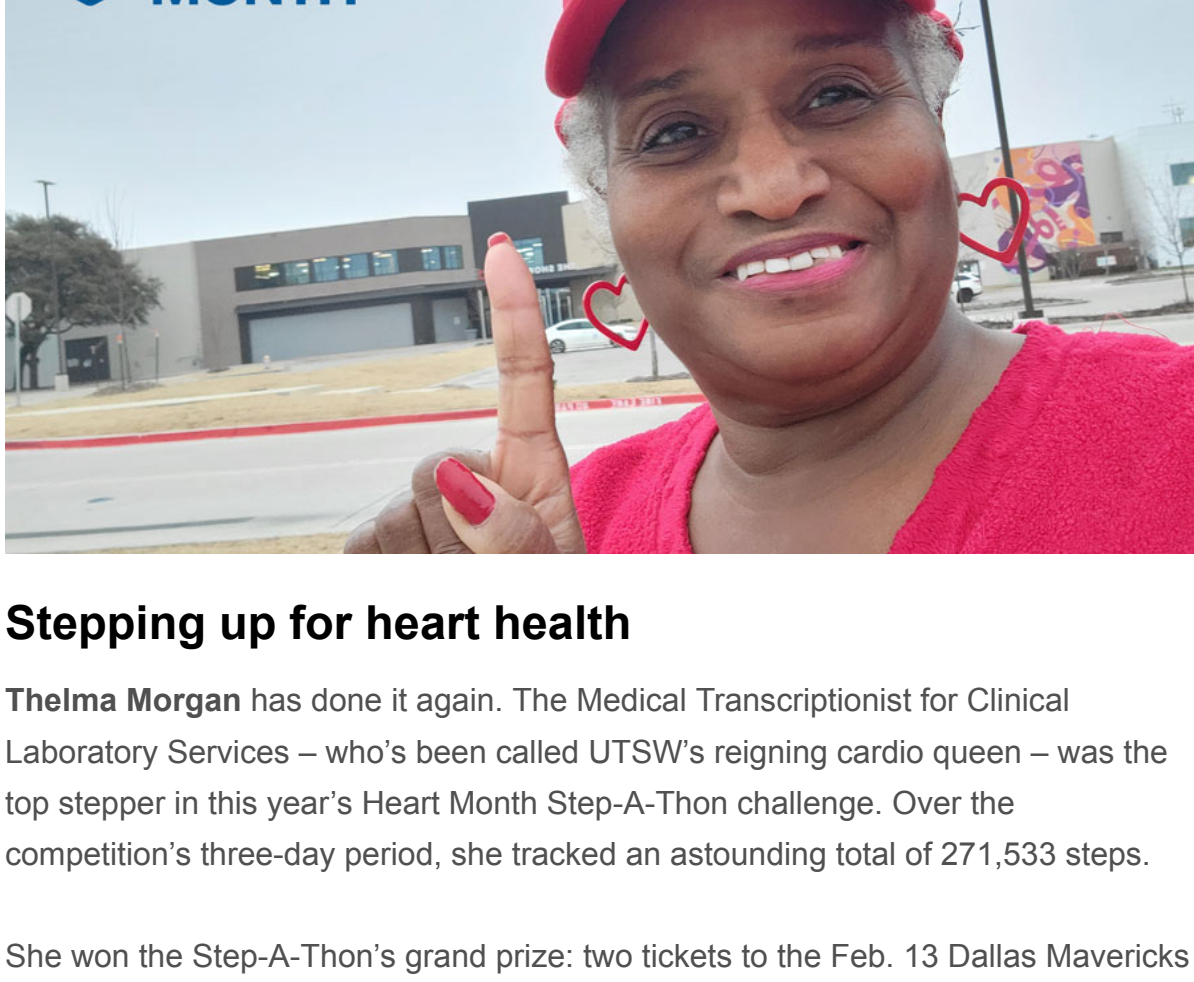




Stepping up for heart health

Thelma Morgan has done it again. The Medical Transcriptionist for Clinical Laboratory Services – who's been called UTSW's reigning cardio queen – was the top stepper in this year's Heart Month Step-A-Thon challenge. Over the competition's three-day period, she tracked an astounding total of 271,533 steps.

She won the Step-A-Thon's grand prize: two tickets to the Feb. 13 Dallas Mavericks game, which was also named Heart Health Awareness Night. Congrats to her and all of the participants, notably second- and third-place steppers: Shun Ko, RN II, Therapy Services (183,036 steps) and medical student Shreya Hari (100,980).

In addition to Ms. Morgan, UT Southwestern's Heart and Vascular teams were there in force, and some participated in what's become a Heart Month tradition: running a competitive tag-team marathon on treadmills set up in American Airlines Center.

More fun awaits this month, including the [Heart Health Fairs](#) on Feb. 26 and Feb. 28. Learn more on our [Campus Update](#) page.

[Campus Update](#)

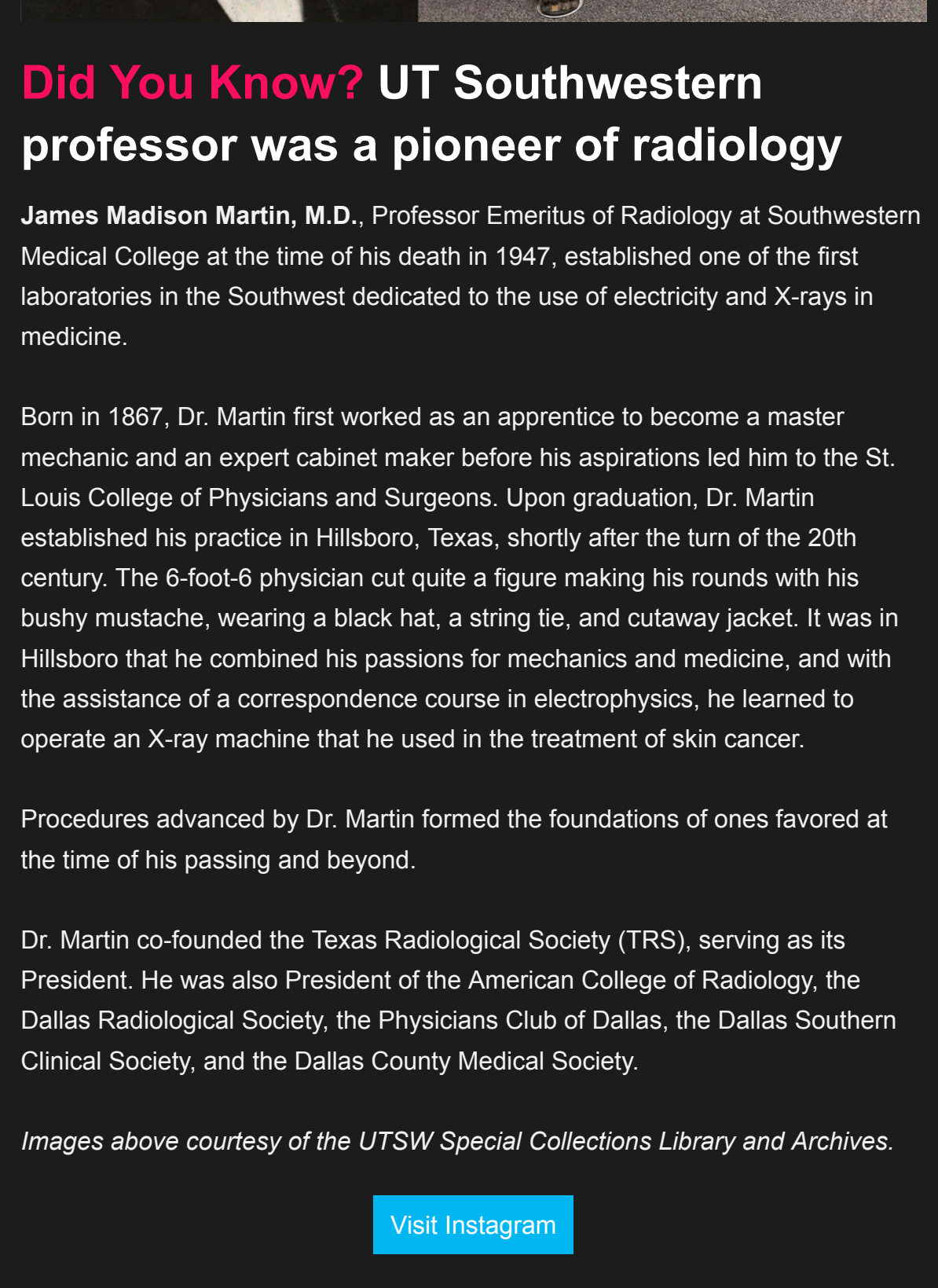
Administrative skills program offered

Are you looking to advance your administrative skills? Whether you're new to the role or are an experienced administrative professional, the [UTSW Professional Administrative Journey course](#) offers useful tools and guidance to support your growth.

The Human Resources Talent Development team is providing this unique hybrid program, featuring online and group-based learning. The course highlights strategies and best practices for time management, problem-solving, personal brand development, and fundamental business writing. Participants will also gain valuable tips on increasing efficiency, productivity, and organization.

Upon completion of the online learning, attendees will be invited to a live expert panel discussion with accomplished department administrators. During this exclusive event, panelists will share their experiences, insights, and strategies for success, while providing valuable perspectives to support participants' continued professional development.

If you have any questions about the course or other professional development opportunities, please contact the Human Resources team at 214-648-9810 or hr@utsouthwestern.edu.



Did You Know? UT Southwestern professor was a pioneer of radiology

James Madison Martin, M.D., Professor Emeritus of Radiology at Southwestern Medical College at the time of his death in 1947, established one of the first laboratories in the Southwest dedicated to the use of electricity and X-rays in medicine.

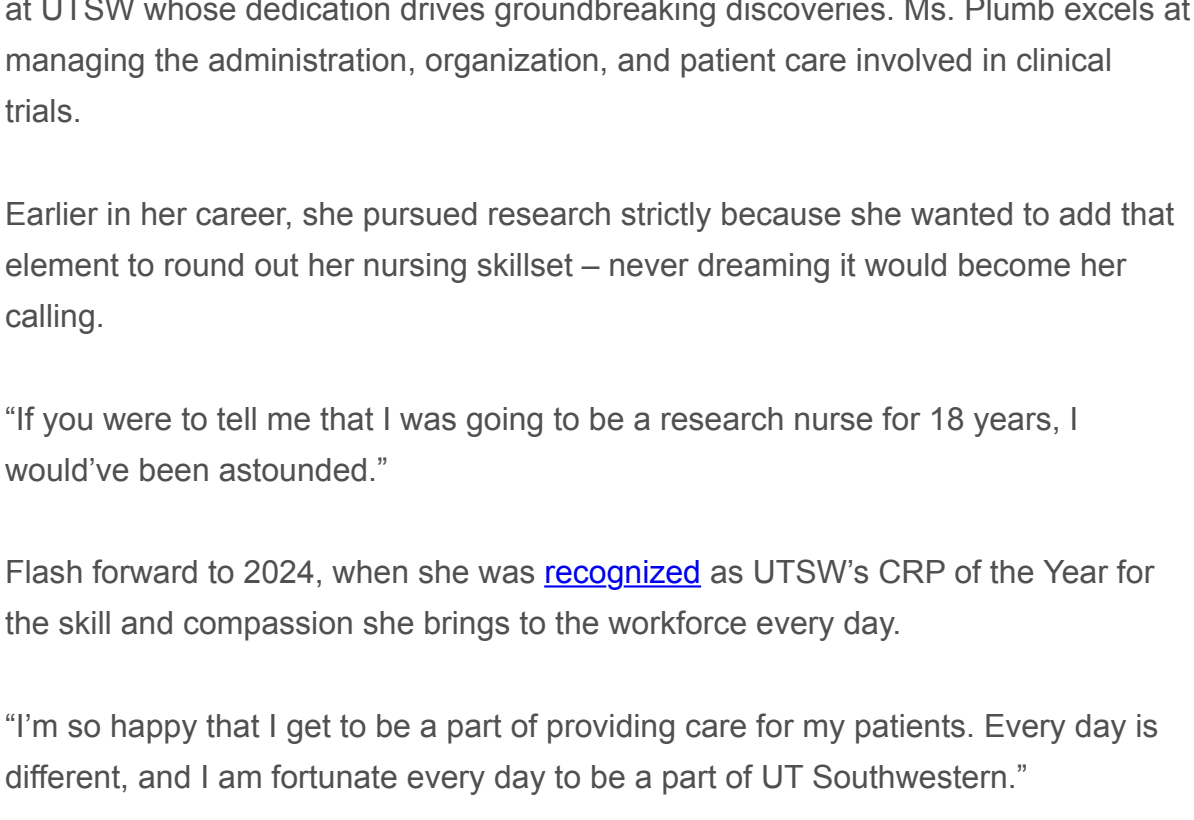
Born in 1867, Dr. Martin first worked as an apprentice to become a master mechanic and an expert cabinet maker before his aspirations led him to the St. Louis College of Physicians and Surgeons. Upon graduation, Dr. Martin established his practice in Hillsboro, Texas, shortly after the turn of the 20th century. The 6-foot-6 physician cut quite a figure making his rounds with his bushy mustache, wearing a black hat, a string tie, and cutaway jacket. It was in Hillsboro that he combined his passions for mechanics and medicine, and with the assistance of a correspondence course in electrophysics, he learned to operate an X-ray machine that he used in the treatment of skin cancer.

Procedures advanced by Dr. Martin formed the foundations of ones favored at the time of his passing and beyond.

Dr. Martin co-founded the Texas Radiological Society (TRS), serving as its President. He was also President of the American College of Radiology, the Dallas Radiological Society, the Physicians Club of Dallas, the Dallas Southern Clinical Society, and the Dallas County Medical Society.

Images above courtesy of the UTSW Special Collections Library and Archives.

[Visit Instagram](#)



Call for participants: COVID-19 protection study

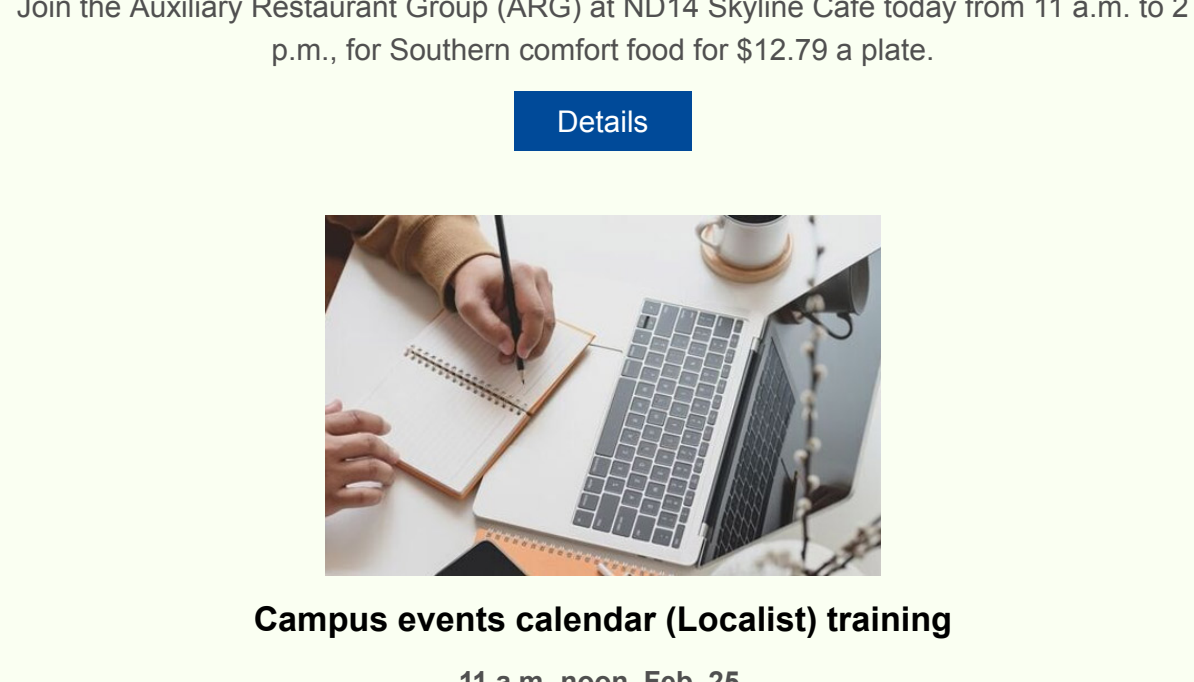
A research team led by **Theodoros Kelesidis, M.D., Ph.D.**, Associate Professor in the Division of Infectious Diseases and Geographic Medicine, is seeking participants for a research study of a new drug that may protect people from viral infection.

Participants will be randomly assigned to either receive the investigational drug or a placebo for seven days. They will be tested for COVID-19 four times and will be compensated for completing all trial procedures.

To qualify, candidates must have had contact with someone who has received a diagnosis of COVID-19 within the previous four days (96 hours).

For more information, [email](#) or call/text 310-740-4828 to contact a member of the research team.

[Details](#)



I am UTSW: Tricia Plumb, RN

Tricia Plumb, RN, is among more than 500 Clinical Research Professionals (CRPs) at UTSW whose dedication drives groundbreaking discoveries. Ms. Plumb excels at managing the administration, organization, and patient care involved in clinical trials.

Earlier in her career, she pursued research strictly because she wanted to add that element to round out her nursing skillset – never dreaming it would become her calling.

"If you were to tell me that I was going to be a research nurse for 18 years, I would've been astounded."

Flash forward to 2024, when she was [recognized](#) as UTSW's CRP of the Year for the skill and compassion she brings to the workforce every day.

"I'm so happy that I get to be a part of providing care for my patients. Every day is different, and I am fortunate every day to be a part of UT Southwestern."

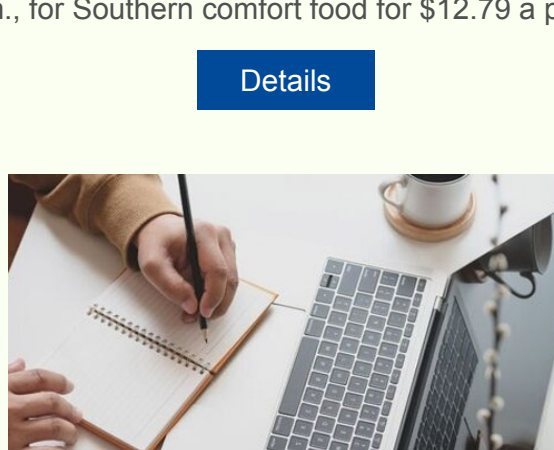
CRPs play a crucial role in advancing medical research, ensuring studies run smoothly and participants receive top-quality care. Their hard work and attention to detail are essential to UTSW's mission of improving lives through research.

Tricia hopes to inspire the next generation of CRPs to join us in educating patients, their loved ones, and our communities.

"I hope that we bring more of the community into research, because without the generosity of our patients, I wouldn't be able to do what I can do on a tiny level," she said. "But multiply me by 100 people, and imagine what we can do."

Interested in becoming a CRP at UT Southwestern? Visit our [career page](#).

Insider Guide



Skyline Café buffet

11 a.m.-2 p.m., Feb. 19

T. Boone Pickens Biomedical Building, Skyline Café

Join the Auxiliary Restaurant Group (ARG) at ND14 Skyline Café today from 11 a.m. to 2 p.m., for Southern comfort food for \$12.79 a plate.

[Details](#)



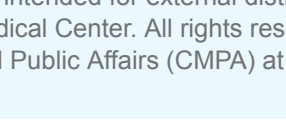
Campus events calendar (Localist) training

11 a.m.-noon, Feb. 25

Virtual

Whether you're new to UTSW's Events Calendar or need a refresher, this training offers something for everyone about using Localist – the platform that manages and displays the events for our institution. Learn how to enter and publish UTSW events as well as the best practices regarding content and images.

[Details](#)



UTSW Events Calendar

Looking for your daily dose of happenings?
The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)