



A look at our progress: Midterm review of UTSW's Strategic Plan

To maintain alignment and momentum toward long-term success, UT Southwestern uses a dynamic road map called the [Six-Year Strategic Plan](#) (on-campus network connection or VPN required). This document is reviewed and refreshed annually to ensure that it continues to fit our institution's evolving needs, tracking our progress on major initiatives and outlining new priorities for the upcoming six-year period.

In 2024-25, we rolled out the latest iteration, and this fiscal year, leaders have been asked to report back on their progress. Making this document available to everyone on campus emphasizes transparency in operations, but it is also a reminder that you play a critical part in the success of these efforts.

We encourage you to read the midterm review of the 2024-2030 Six-Year Strategic Plan, which you can access via the link below.

[Read the midterm review of the Strategic Plan](#)

On-campus network connection or VPN required

Employee COVID-19 testing via MyChart to end

Effective today, **March 2**, employees will no longer be able to schedule a COVID-19 test via MyChart.

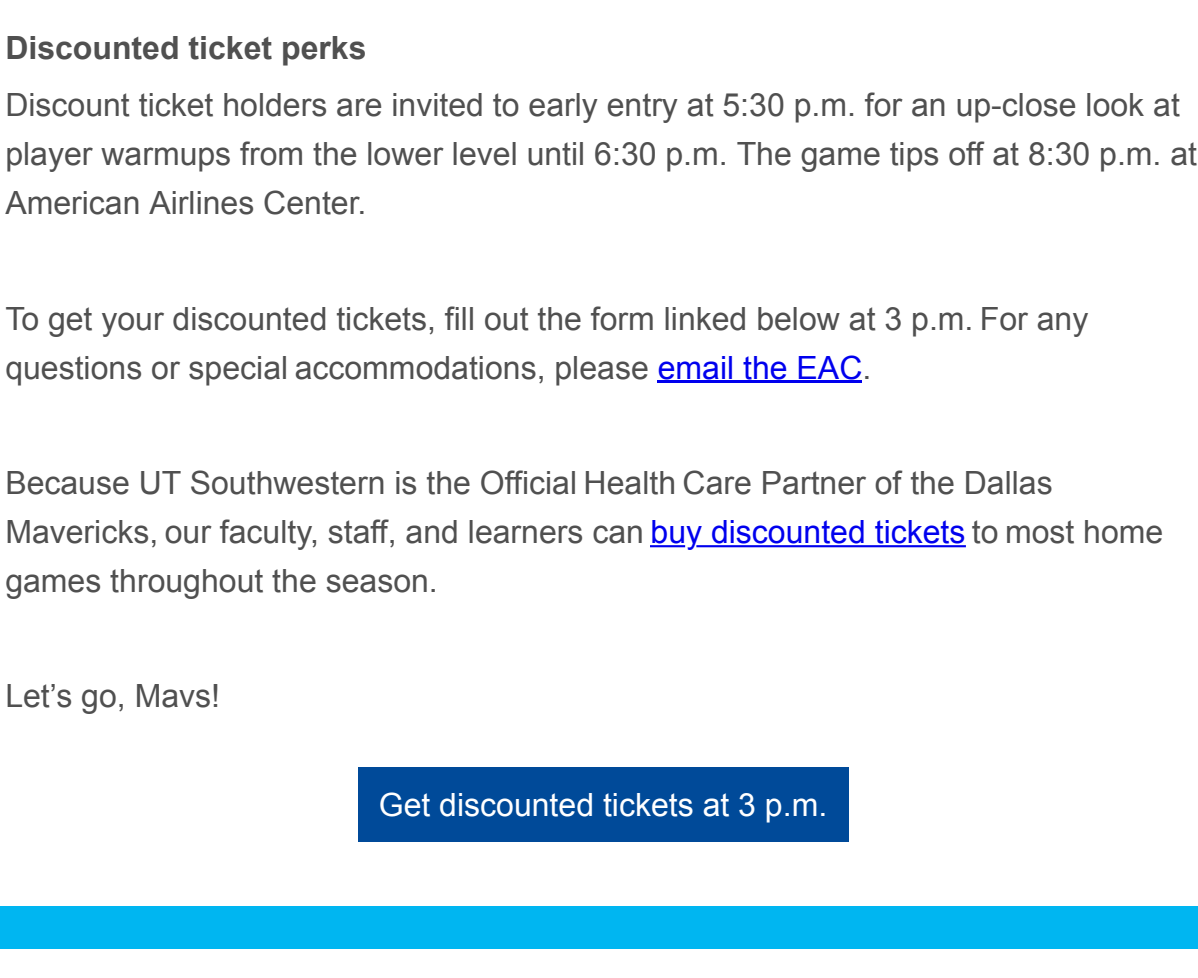
If you are experiencing symptoms or believe you may need COVID-19 testing after this date, please follow the steps below:

- Conduct an at-home test.
- Notify your leader/supervisor of your illness and test result.
- Use the [Flu/COVID Return to Work grid](#) for guidance on when you may safely return to work.

Access to testing through a provider

If you need additional guidance, please reach out to your primary care physician. If you don't have an assigned primary care physician and need to establish care with someone, call 214-214-5850 to schedule an appointment with a UTSW primary care physician.

We appreciate your flexibility as we further streamline our COVID-19-related processes. If you have questions about this transition, please contact [Occupational Health](#).



Join UTSW at Mavs Brain Health Awareness Night!

Great cause, great perks, and discounted tickets for UTSW employees – don't miss your chance to be part of Brain Health Awareness Night with the Dallas Mavericks and the Employee Advisory Council (EAC) on **March 23**.

We want the stands to be filled with UTSW employees, so you can purchase up to two tickets at \$50 off each, available on a first-come, first-served basis. During the game, UTSW and the Mavs will spotlight brain and mental health awareness and honor those whose lives have been impacted by brain health challenges.

Discounted ticket perks

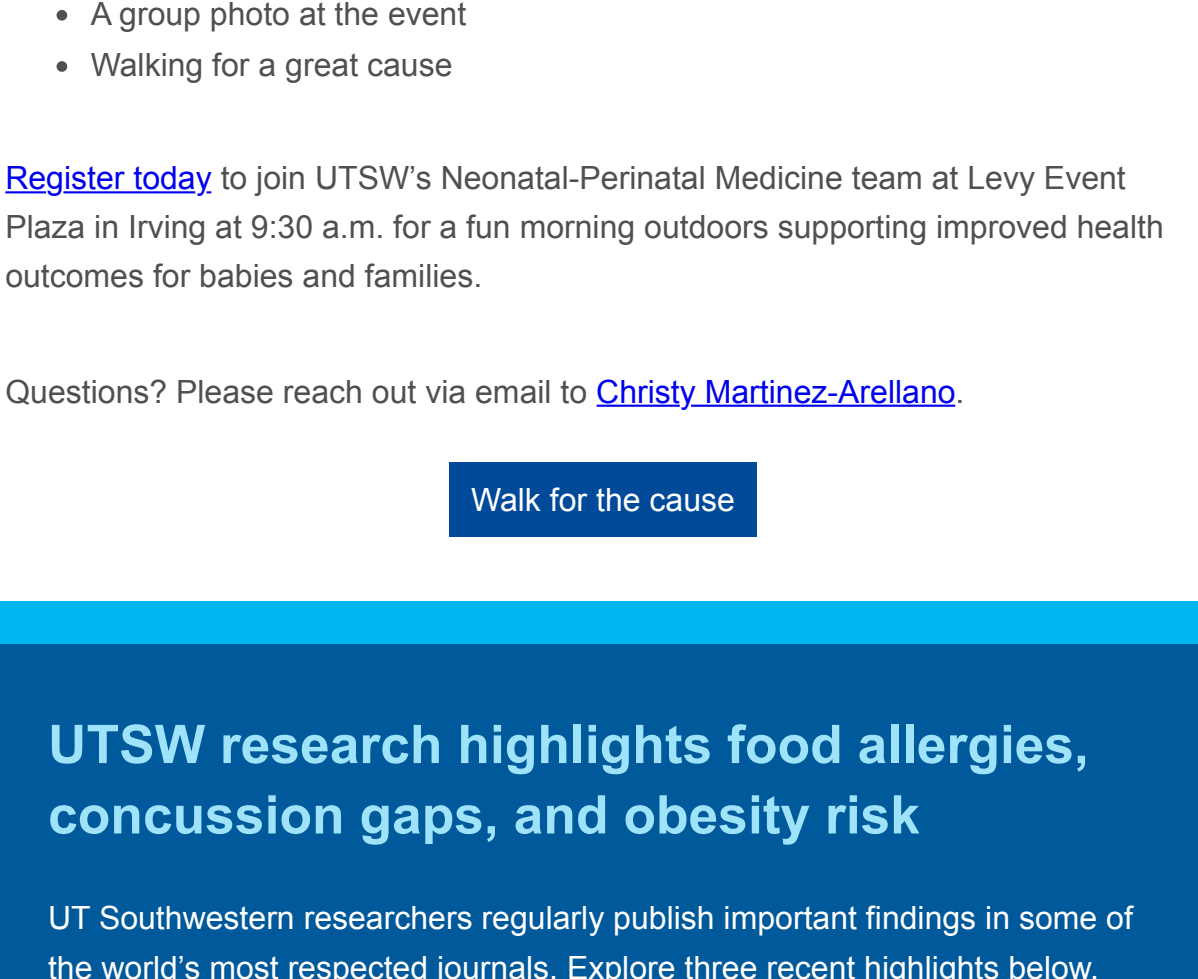
Discount ticket holders are invited to early entry at 5:30 p.m. for an up-close look at player warmups from the lower level until 6:30 p.m. The game tips off at 8:30 p.m. at American Airlines Center.

To get your discounted tickets, fill out the form linked below at 3 p.m. For any questions or special accommodations, please [email the EAC](#).

Because UT Southwestern is the Official Health Care Partner of the Dallas Mavericks, our faculty, staff, and learners can [buy discounted tickets](#) to most home games throughout the season.

Let's go, Mavs!

[Get discounted tickets at 3 p.m.](#)



Celebrate our educators this Thursday

Join the Southwestern Academy of Teachers (SWAT) and the academic community this Thursday, **March 5**, from 4:30-6 p.m. in the McDermott Lecture Halls (D1.600) for Celebrating Excellence in Education, with a reception to follow.

This special ceremony will honor the UT Southwestern Medical Center [2025 Distinguished Educator Award](#) and [Outstanding Educator Award](#) recipients, as well as the [2025 Shine Academy](#) inductees from the University of Texas System. Together, we will recognize faculty whose dedication to teaching, mentorship, and innovation continues to shape education across our institution.

This year's event will also feature the debut of the Celebrating Excellence in Education display, an art installation highlighting current and past award recipients whose contributions continue to advance a culture of educational excellence.

We hope to see you there as we celebrate the educators who inspire and strengthen our community every day.

[Help honor our educators](#)



Join the Stork Squad at March for Babies

The UT Southwestern Stork Squad invites employees and their friends and family to take part in the March of Dimes March for Babies on Saturday, **April 18**. The annual walk supports research and programs to prevent preterm birth, birth defects, and infant mortality.

Participate and enjoy:

- UTSW Stork Squad T-shirt (while supplies last)
- A group photo at the event
- Walking for a great cause

[Register today](#) to join UTSW's Neonatal-Perinatal Medicine team at Levy Event Plaza in Irving at 9:30 a.m. for a fun morning outdoors supporting improved health outcomes for babies and families.

Questions? Please reach out via email to [Christy Martinez-Arellano](#).

[Walk for the cause](#)

UTSW research highlights food allergies, concussion gaps, and obesity risk

UT Southwestern researchers regularly publish important findings in some of the world's most respected journals. Explore three recent highlights below.

[Gene variants help explain why food allergies run in families](#)

For the first time, a study at UT Southwestern uses an in-depth genetic approach to explain why food allergies are inherited and why some people develop multiple food allergies. The findings were published in [The Journal of Allergy and Clinical Immunology](#).

[Study finds gaps in concussion reporting across Texas high schools](#)

Fewer concussions were reported among Texas high school athletes and students in urban and lower-income districts than in higher-income suburban districts despite larger enrollments, our researchers found in a study published in [Sage Open Pediatrics](#). The findings were based on data collected through the statewide ConTex2 project.

[Developmental 'switch' in brain may shape lifelong obesity risk](#)

Researchers at UTSW have discovered that a crucial developmental process in the brain's hypothalamus may influence how susceptible individuals are to obesity. Their preclinical findings were published in [Neuron](#).

Please visit our [Newsroom](#) to stay up to date on UTSW news releases, or [sign up](#) to receive them by email.

Insider Guide



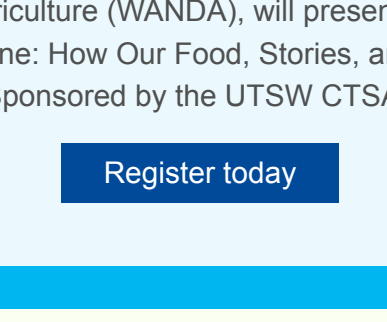
Dallas FIT-BRAIN Community Meeting

3-4 p.m., March 3

Simmons Cancer Care Outpatient Building (NM), 3.936

Join our in-person community forum on [FFP In Traumatic BRAIN Injury \(FIT-BRAIN\) Trial](#), a U.S. study to see if plasma, the clear part of blood, given soon after arrival in the emergency department can improve survival in patients who have suffered a traumatic brain injury. You will have a chance to speak with the physician leading this trial, ask questions, and learn about trauma research. Additionally, forum leaders will review opt-out options, and attendees will be asked to complete a brief survey. A [second event](#) will be interpreted in Spanish on **March 6**.

[Get the details](#)



Opioid Safety Awareness Event

8 a.m.-3 p.m., March 4

Clements University Hospital, John and Ginny Eulich Pavilion, UH Pavilion 01.701

Designed to enhance learning and understanding of opioid safety, this daylong conference will reinforce learnings from the various projects of the Opioid Safety Team (OST) and feature webinars and training sessions, including best practices on controlled substance (CS) chain of custody and CS policy adherence. The event also provides an opportunity for stakeholders to deepen their knowledge as UTSW maintains its path of continuous improvement in promoting safe practices for patients and employees. Registration is required by [email](#).

[Learn more](#)

Power in Partnership: Third Annual Community Engagement Symposium

8:30 a.m.-5 p.m., March 5

Pegasus Park

This event will bring together community leaders, scientists, and students for a day of learning, dialogue, idea-sharing, and collaboration around community health needs and research. Keynote speaker **Tambra Raye Stevenson, M.P.H., M.A.**, and Ph.D. candidate at American University School of Communication, and founder/CEO of Women Advancing Nutrition Dietetics and Agriculture (WANDA), will present "From Cowboy Culture to Community as Medicine: How Our Food, Stories, and Choices Shape Our Health." Sponsored by the UTSW CTSA Program.

[Register today](#)

UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[View upcoming or trending events](#)

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