



Match Day: The countdown begins

This Friday, the Medical School's Class of 2026 will join other soon-to-be physicians nationwide in celebrating Match Day, a highly anticipated milestone that marks the moment our graduates learn where they will continue their medical training.

This year's graduating class brings together a wide range of paths and perspectives – from a longtime UTSW staff member returning to school to a future neurosurgeon who once coached a robotics team. Stories shaped by loss, representation, and service reflect the resilience, compassion, and excellence found at UT Southwestern.

Learn about these extraordinary scholars, and follow a couple experiencing Match Day together, in the *Center Times Plus* article linked below.

The festivities will be at 11 a.m. in the Bryan Williams, M.D. Student Center gym. You can [stream the celebration](#) live and follow the latest coverage @UTSWedu on [Instagram](#) and [X](#).

Student spotlights



From Karachi markets to a medical breakthrough

Born in a U.S. Army hospital in Tokyo, **Joseph Takahashi, Ph.D.**, traces his curiosity back to his childhood experiences in a Karachi marketplace and a college classroom with an electric fish.

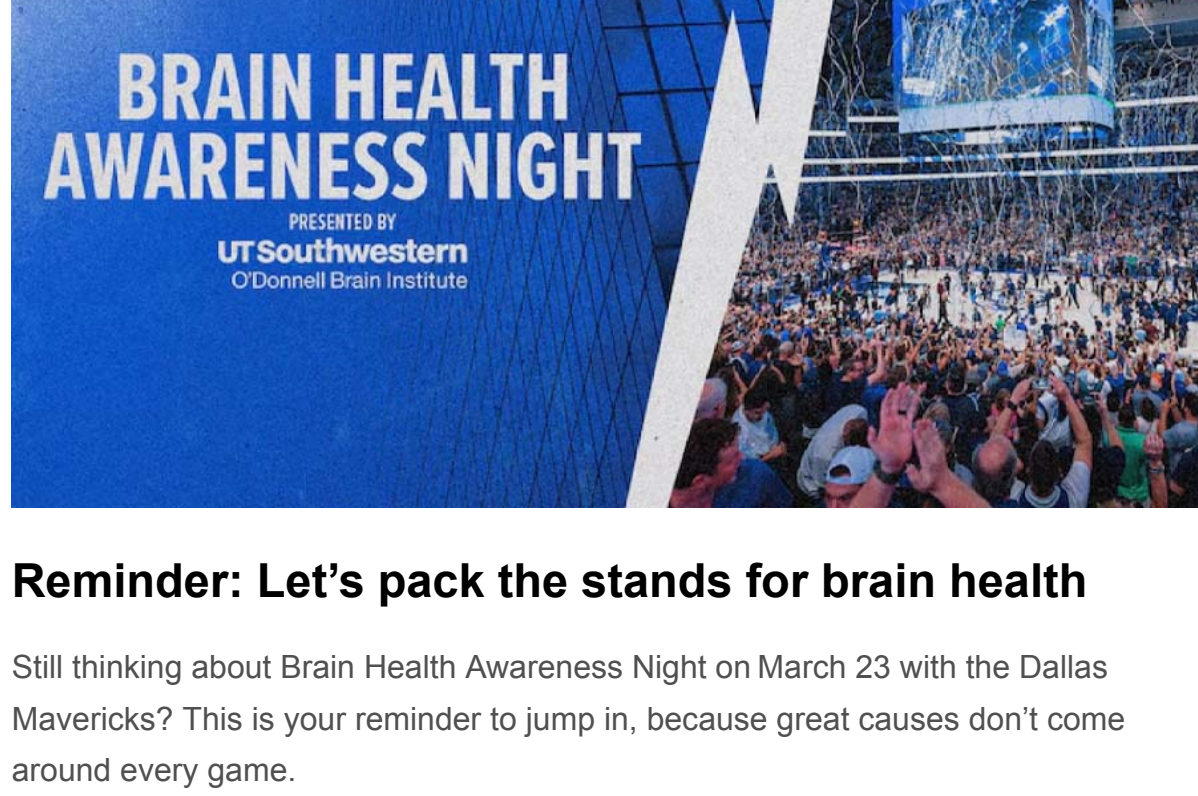
His family history also looms large: Dr. Takahashi, Chair of the Department of Neuroscience at UT Southwestern, grew up in a family shaped by World War II internment. He followed a habit of careful observation wherever it led, eventually turning his focus to one of biology's biggest mysteries: how our internal clocks govern life itself.

In 1997, Dr. Takahashi's team identified the first "CLOCK gene," a breakthrough that transformed modern medicine – revealing how circadian rhythms influence cancer, metabolism, immune function, and neurodegeneration.

Today at UT Southwestern, he continues to explore how organisms adapt to our 24-hour world, guided by the belief that meaningful discoveries take time – and patience.

See how curiosity, persistence, and timing collide in this episode of *UTSW Unscripted*, our mini docuseries spotlighting the authentic stories of our clinicians and researchers.

Watch Dr. Takahashi's story



Reminder: Let's pack the stands for brain health

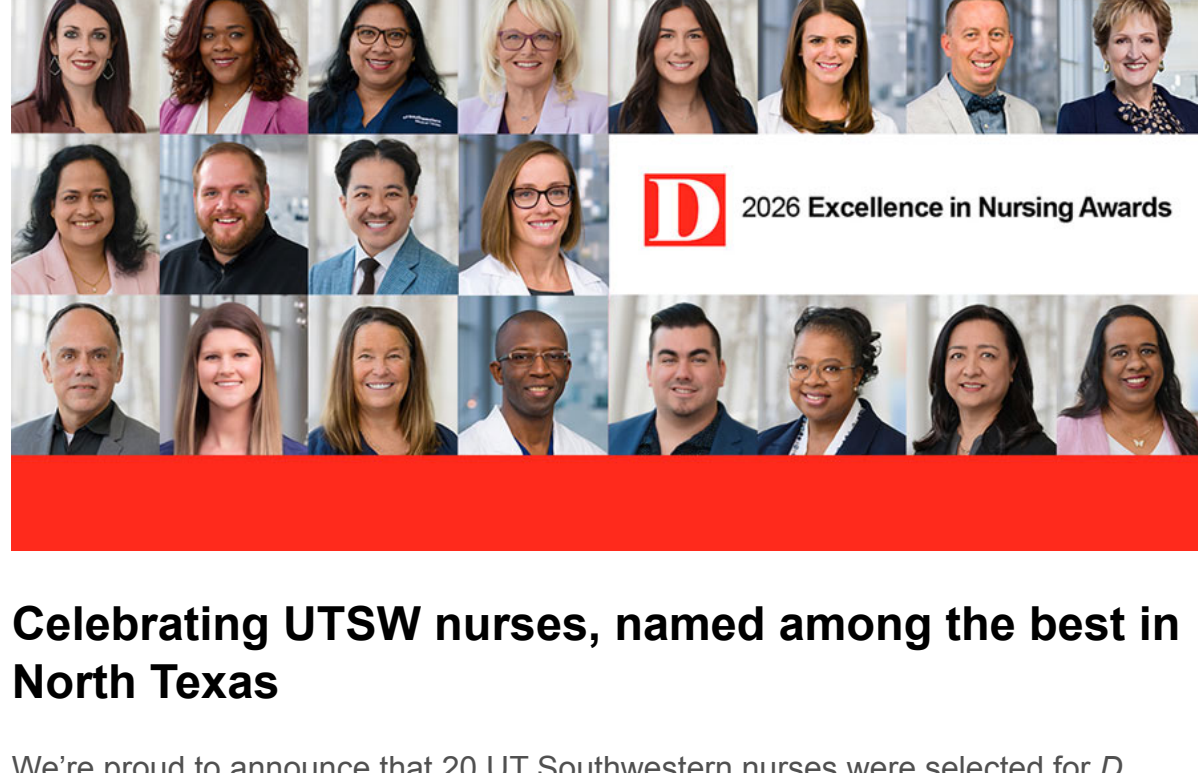
Still thinking about Brain Health Awareness Night on March 23 with the Dallas Mavericks? This is your reminder to jump in, because great causes don't come around every game.

Join the Employee Advisory Council (EAC) and help fill the stands with fellow UTSW colleagues while the Mavs and UT Southwestern spotlight brain and mental health awareness during the game. Even though special ticket pricing may be gone, you can still snag a seat using our general discount link below. For questions, please email the [Brand team](#).

And don't forget, as the Official Health Care Partner of the Dallas Mavericks, UTSW faculty, staff, and learners can buy [discounted tickets](#) to most home games throughout the season.

Let's go, Mavs!

Get tickets



Celebrating UTSW nurses, named among the best in North Texas

We're proud to announce that 20 UT Southwestern nurses were selected for *D Magazine's* Excellence in Nursing Awards from hundreds of nominations submitted by peers, patients, and health care professionals. Their selection speaks to the role UTSW nurses play in advancing care across the region.

"I am incredibly proud of our nurses," said **Susan Hernandez, D.N.P., M.B.A., RN**, Vice President and Chief Nurse Executive at UT Southwestern. "They set a high standard for care, and seeing them recognized by our community reinforces the trust they have earned from patients and peers alike."

Explore the profiles on *Center Time Plus* (linked below) to learn more about each award recipient.

Discover who made the list

Insider Guide



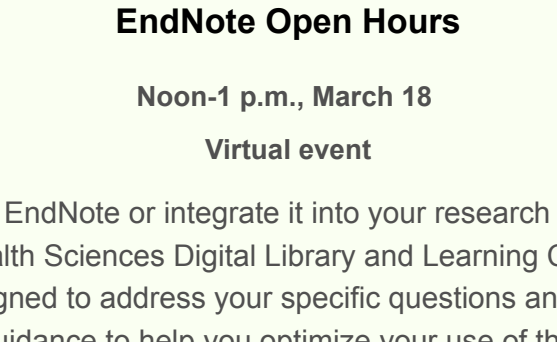
Mobile Mammography Unit

8 a.m.-3 p.m. [today](#) and March 20

Between the Professional Office Building (POB) parking garage and the Outpatient Building (WA)

The Harold C. Simmons Comprehensive Cancer Center's mobile mammography unit will be on campus today and Friday, [March 20](#), offering 3D screening mammograms to all faculty, staff, and learners. To secure your spot, preregister by calling 214-645-2560. Early detection is key when it comes to breast cancer, and annual screenings are recommended for all women beginning at age 40.

Learn more



EndNote Open Hours

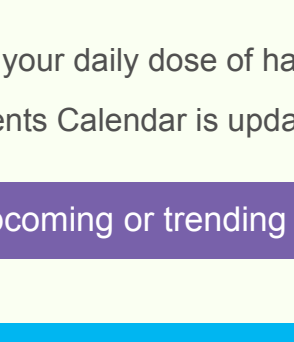
Noon-1 p.m., March 18

Virtual event

Struggling to use EndNote or integrate it into your research workflow? Join the UT Southwestern Health Sciences Digital Library and Learning Center for an interactive EndNote session designed to address your specific questions and challenges. Librarians will provide targeted guidance to help you optimize your use of the software. Registration is required.

If you are unable to attend, you can also [sign up](#) for an individual training session.

Register



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

View upcoming or trending events

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu.

Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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