



Stay sun-safe: Expert tips from a UTSW dermatologist

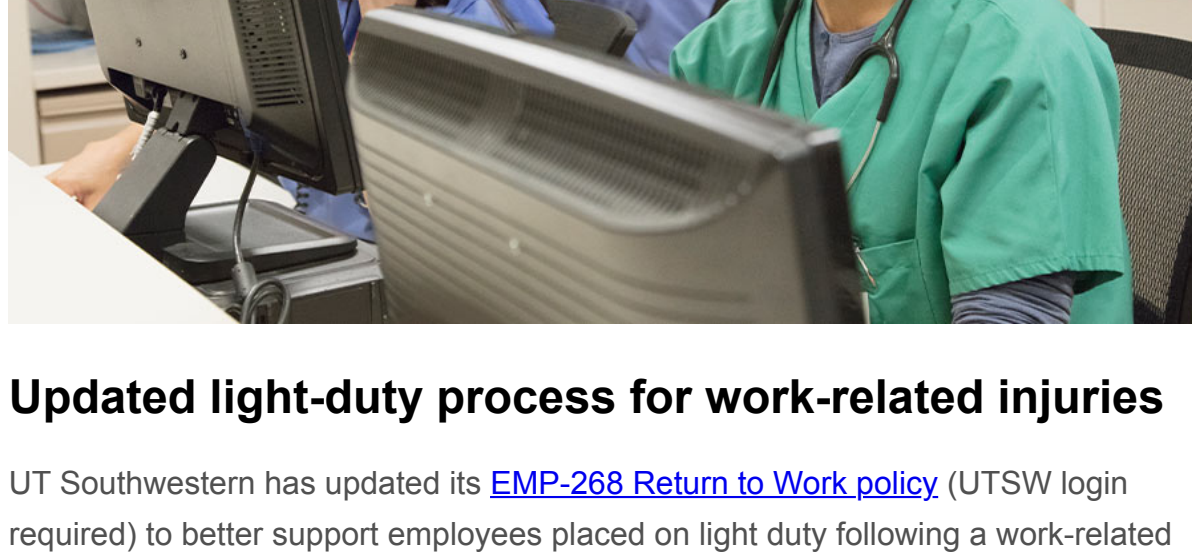
When it comes to skin cancer, which affects more people in the U.S. than all other cancers combined, prevention is key. From self-exams to wearing sunscreen and protective clothing, UT Southwestern dermatologist **Stephanie Savory, M.D.**, offers guidelines for preventing this disease and identifying it early to achieve the best outcomes.

“Even if you apply sunscreen daily and are careful about sun protection, it’s important to examine your skin regularly for suspicious lesions, moles, and skin changes,” Dr. Savory said.

Skin cancer can affect anyone, regardless of age, nationality, or skin type. Cases of melanoma, the most serious type, are expected to increase by nearly 6% this year, according to the Skin Cancer Foundation. Other types are basal cell carcinoma, the most common form, and squamous cell carcinoma, which often appears on sun-exposed areas such as the scalp, ears, nose, lips, and hands.

Dr. Savory said it’s crucial to consult a dermatologist for any skin change you feel is suspicious. And remember, you don’t have to be sunburned for your skin to sustain damage.

[Check out tips from our expert](#)



Updated light-duty process for work-related injuries

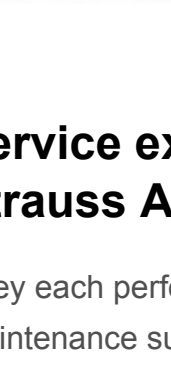
UT Southwestern has updated its [EMP-268 Return to Work policy](#) (UTSW login required) to better support employees placed on light duty following a work-related injury. Under the revised policy, the employee’s home department is now responsible for providing light-duty accommodations unless there is an undue hardship or safety concern.

This replaces the previous practice in which many home departments reassigned employees to other departments or required them to use personal accruals or unpaid leave. Moving forward, injured employees will remain within their own departments, helping maintain continuity and the employee’s comfort during recovery.

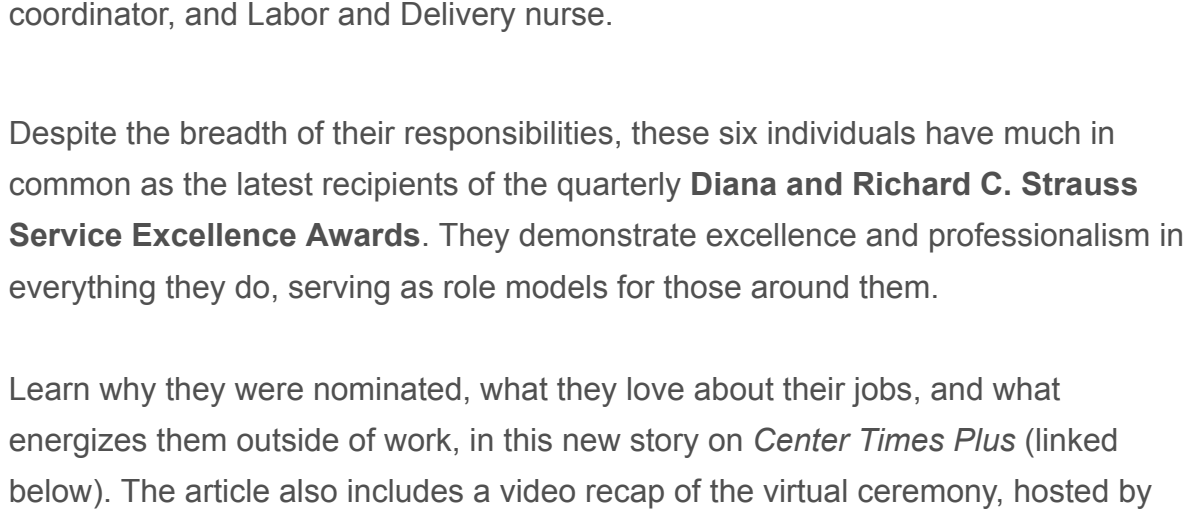
Departments are now expected to actively identify appropriate light-duty tasks for injured employees, rather than relying on reassignment or sending employees home. While this shift may require adjustment, it promotes accountability and fosters a more supportive workplace culture.

Leaders and employees should familiarize themselves with this change to ensure a smooth implementation.

For questions, please contact: workerscompensation@utsouthwestern.edu.



DIANA & RICHARD C. STRAUSS SERVICE EXCELLENCE AWARD



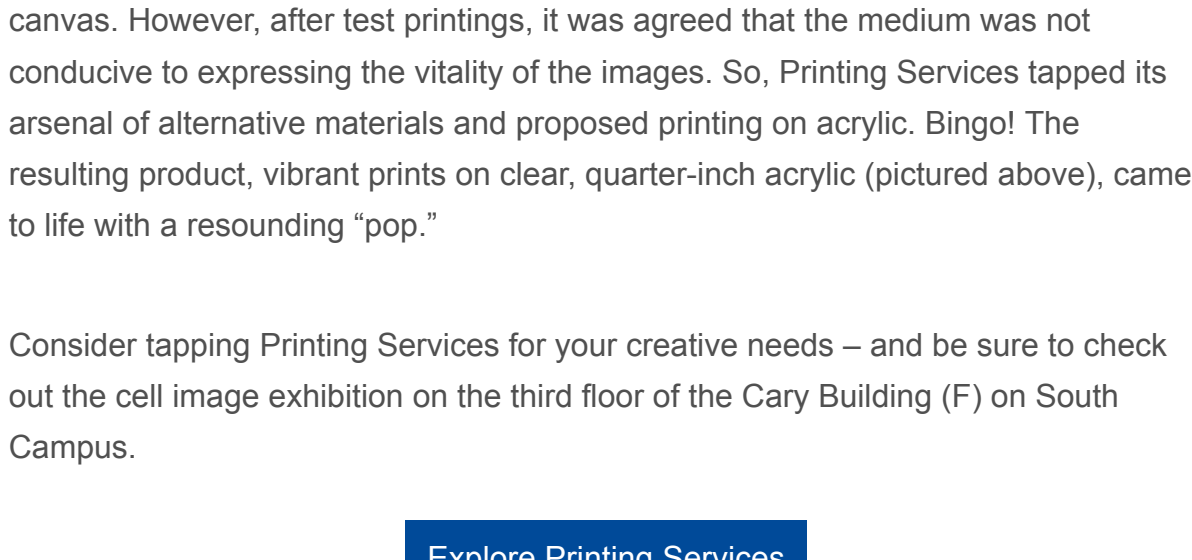
Service excellence: Get to know this quarter’s Strauss Award winners

They each perform different roles in our Health System: clinical nurse educator, maintenance supervisor, ECMO coordinator, senior project manager, nurse coordinator, and Labor and Delivery nurse.

Despite the breadth of their responsibilities, these six individuals have much in common as the latest recipients of the quarterly **Diana and Richard C. Strauss Service Excellence Awards**. They demonstrate excellence and professionalism in everything they do, serving as role models for those around them.

Learn why they were nominated, what they love about their jobs, and what energizes them outside of work, in this new story on *Center Times Plus* (linked below). The article also includes a video recap of the virtual ceremony, hosted by **Chris Rubio, M.B.A.**, Vice President and Health System Chief Operating Officer.

[Get to know the Strauss Awardees](#)



Did you know UTSW Printing Services can help with departmental artwork?

While UTSW’s Printing Services team is relied upon for its wide-ranging capabilities, from simple envelope orders to notepads to posters, you might not be aware of several other projects that demonstrate their expertise. For example, a recent initiative involved working with Pediatrics on producing a visually dynamic exhibition of cell artwork on acrylic panels for the Department’s walls.

Pediatrics first enlisted Printing Services in October 2024 to print the artwork on canvas. However, after test printings, it was agreed that the medium was not conducive to expressing the vitality of the images. So, Printing Services tapped its arsenal of alternative materials and proposed printing on acrylic. Bingo! The resulting product, vibrant prints on clear, quarter-inch acrylic (pictured above), came to life with a resounding “pop.”

Consider tapping Printing Services for your creative needs – and be sure to check out the cell image exhibition on the third floor of the Cary Building (F) on South Campus.

[Explore Printing Services](#)

Research Highlights

[UTSW scientists link another gene to obesity](#)

A tool called Automated Meiotic Mapping (AMM), developed at UT Southwestern, helped researchers identify *Gpr45*, a gene that appears to be key for regulating body weight. The findings could lead to new obesity treatments.

[Study reveals disparities in mental health care for Texas youth](#)

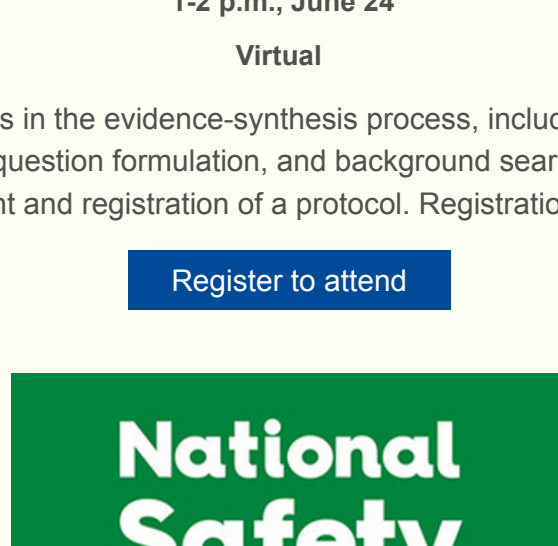
UTSW research shows that youth from lower-income households in Texas are much less likely to receive a combination of psychotherapy and medication to treat depression symptoms than those from higher-earning homes.

Combination treatment is the recommended option for moderate to severe depression in youth.

[Scientists identify protein that heightens neurodegenerative disease](#)

A protein called GADD45G appears to activate reactive gliosis, a prominent feature of neurodegenerative diseases including Alzheimer’s, Parkinson’s, and Huntington’s. Targeting this protein could lead to new treatments for these common disorders.

Insider Guide



Evidence Synthesis Essentials, Part 1: From PICO to Protocol

1-2 p.m., June 24

Virtual

Learn the initial steps in the evidence-synthesis process, including types of evidence synthesis, research question formulation, and background searching, and discuss the development and registration of a protocol. Registration is required.

[Register to attend](#)



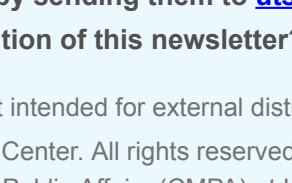
2025 National Safety Month: Employee Safety Fair

10:30 a.m.-1:30 p.m., June 27

Zale Lipshy Pavilion, 1st Floor Conference Room

June is National Safety Month. During the month, the National Safety Council encourages Employee Safety Fairs, which provide free safety resources to highlight leading causes of preventable injury and death. Play it safe, and attend this Friday’s fair, sponsored by Safety & Business Continuity.

[Safety Fair details](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu. Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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