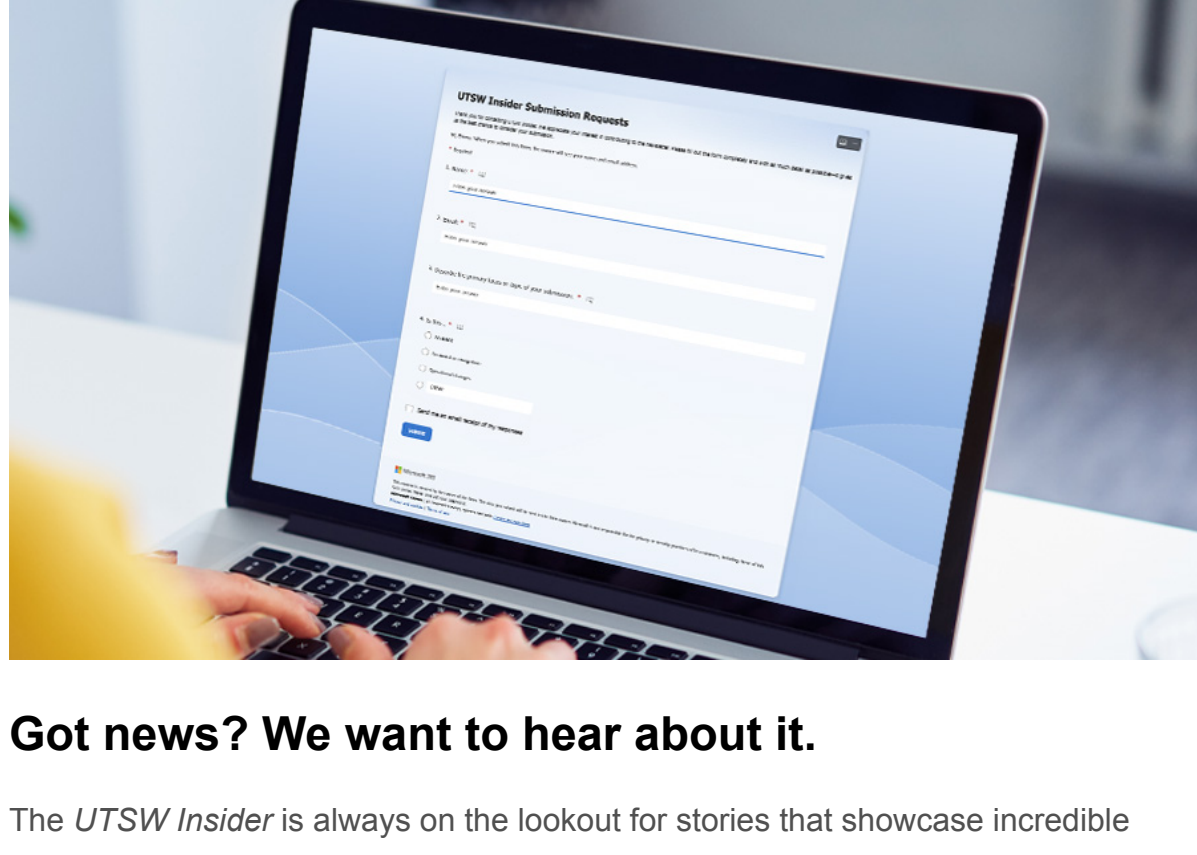




Got news? We want to hear about it.

The *UTSW Insider* is always on the lookout for stories that showcase incredible work happening across campus as we educate, discover, and heal.

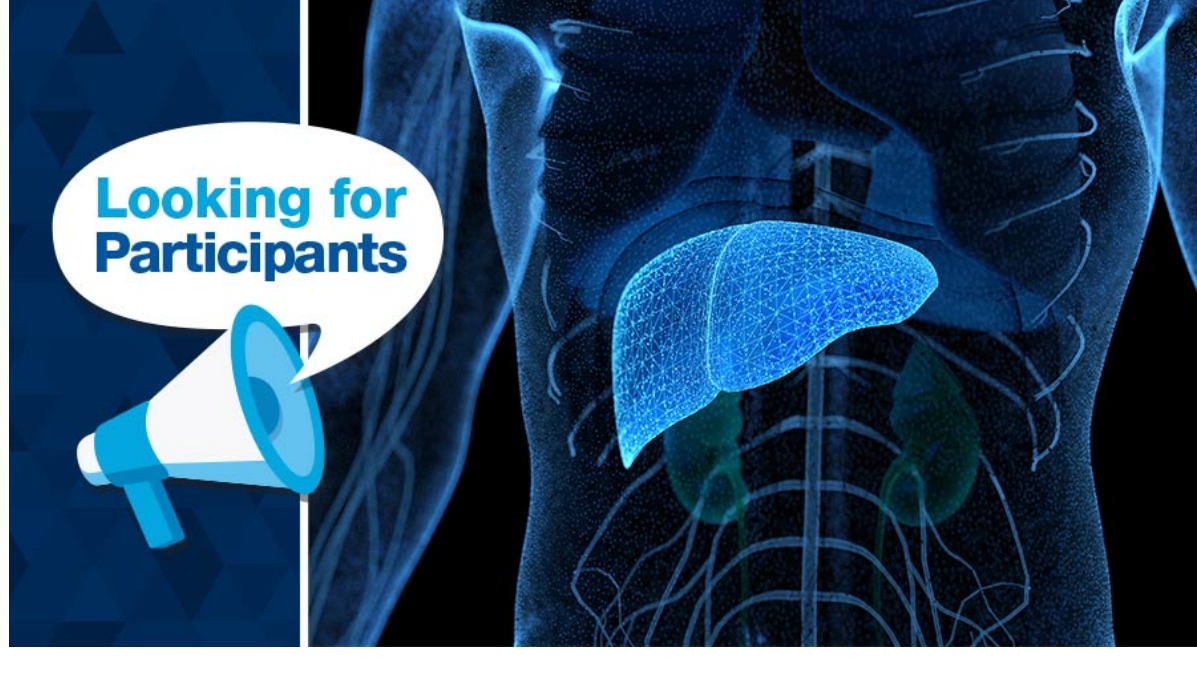
Whether it's a big award, an upcoming event, news, an initiative you want to share campuswide – or just something fun that deserves a little recognition – we'd love to hear about it! Please complete the form linked below with as much detail as possible. The more context you provide, the better we can assess your submission.

Please note that while we appreciate every submission, not all stories will be featured in the newsletter. However, we'll do our best to help you find the most appropriate platform on which to share your news.

Thank you for engaging with the *Insider* and for being an active part of the UTSW community.

We can't wait to hear from you!

[Submit a story idea](#)



Join a study on green tea extract and liver cancer risk reduction

UT Southwestern's [Liver Research team](#) is conducting a study to evaluate whether green tea extract can reduce the risk of liver cancer in individuals with cirrhosis. This research could lead to new ways to prevent liver cancer, a growing epidemic in Texas.

Eligibility:

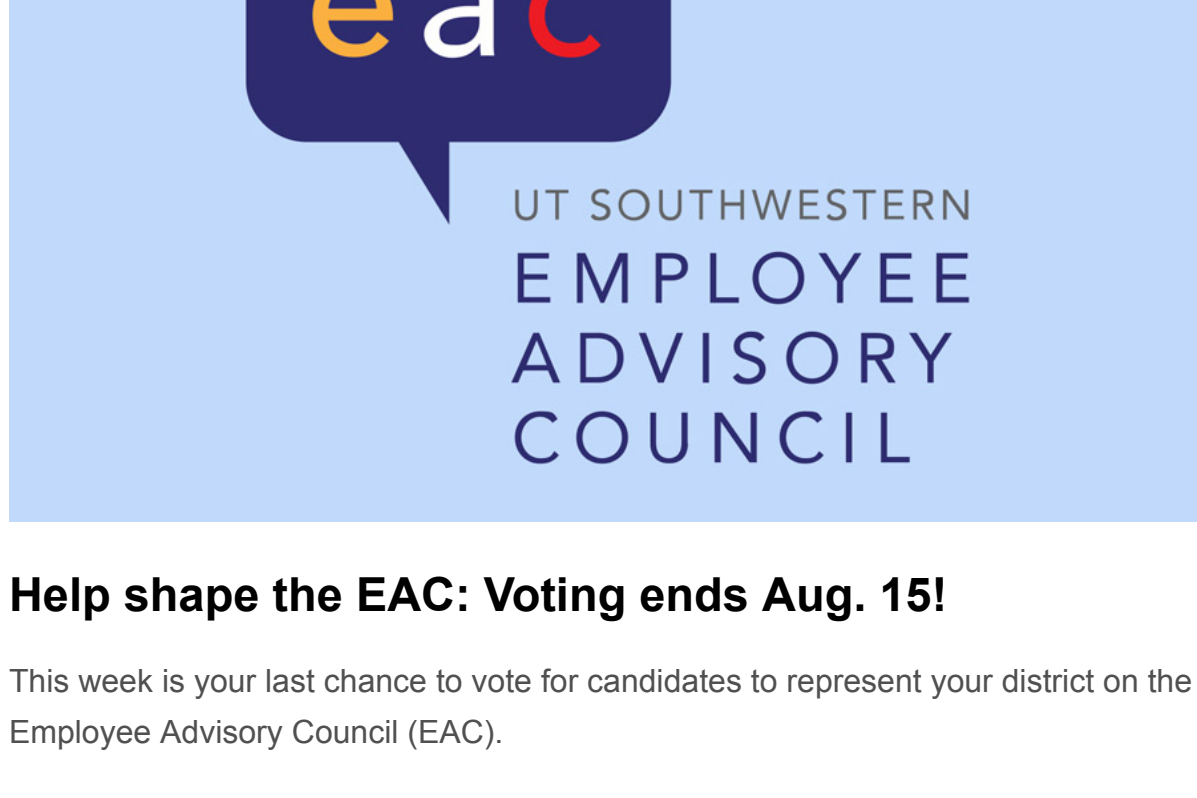
- Must have cirrhosis
- No history of hepatocellular carcinoma (HCC) within the past two years
- No history of liver transplant
- Nonsmoker (or willing to abstain during the trial)
- No allergy to green tea extract

Study details:

- Six months duration with seven to eight visits, including vitals and blood draws
- Participants will be compensated for their time

For more information and eligibility screening, contact the study group using the button below.

[See if you qualify](#)



Help shape the EAC: Voting ends Aug. 15!

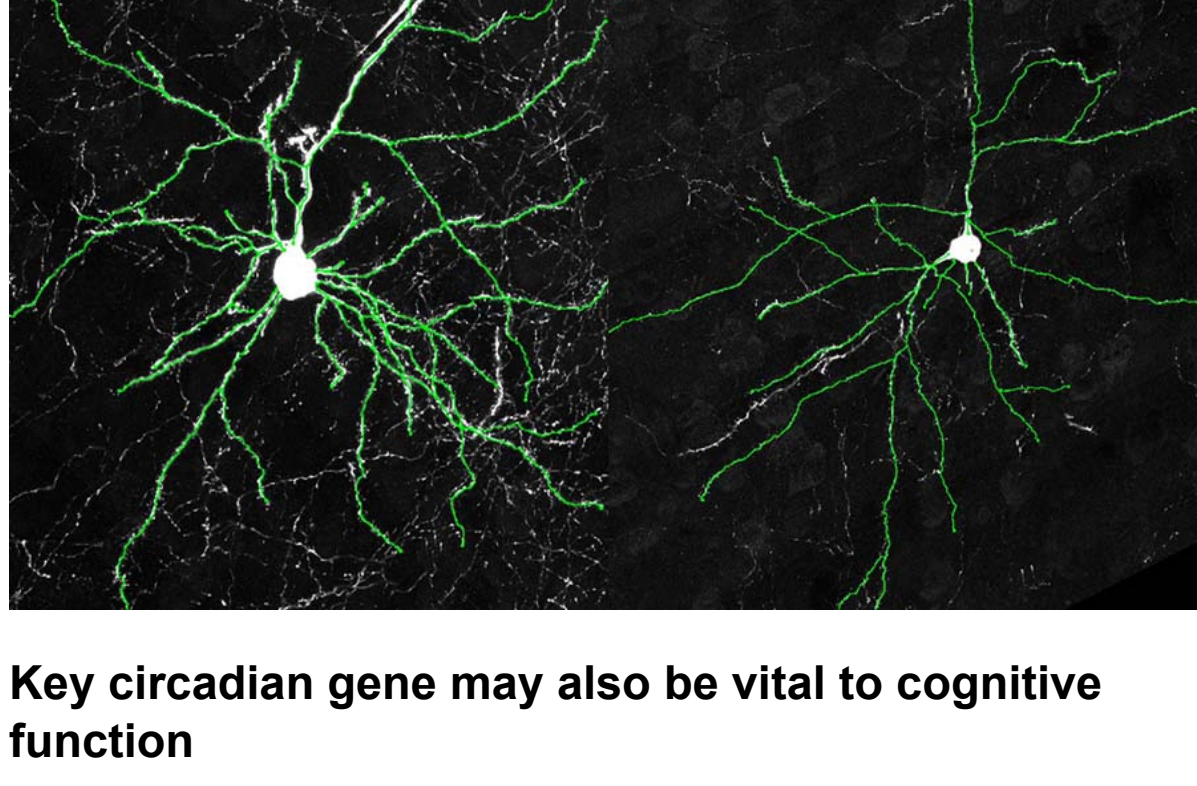
This week is your last chance to vote for candidates to represent your district on the Employee Advisory Council (EAC).

The EAC is a peer-nominated group that helps enhance communication, promote employee engagement, and build community. Council members represent five districts across UTSW, embodying the full spectrum of employee voices and partner with President **Daniel K. Podolsky, M.D.**, to provide perspective on topics important to the campus community.

To learn more, visit the [EAC website](#) (on-campus network or VPN connection required).

Cast a ballot for a candidate in your district by 5 p.m. Friday, Aug. 15.

[Vote for your district representative](#)



Key circadian gene may also be vital to cognitive function

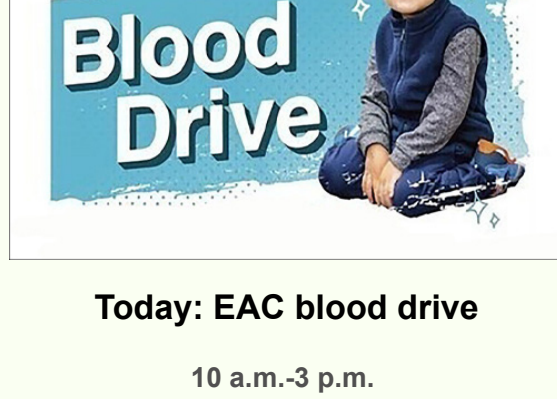
Since 1990s-era discoveries by a UT Southwestern researcher, it's been known that the *CLOCK* gene is key to our bodies' 24-hour circadian rhythms. Now **Joseph Takahashi, Ph.D.**, Chair and Professor of Neuroscience, and his colleagues have found that *CLOCK* also may play a vital role in our cognitive abilities and neurological disorders, such as depression and schizophrenia.

To better understand *CLOCK*'s functions, the team developed "humanized" mice, replacing their native *Clock* gene with the human *CLOCK* gene. Neurons in their cerebral cortexes grew more dendrites and spines, allowing for greater connectivity with other neurons. When the researchers had the mice complete a complex cognitive task, the ones carrying the *CLOCK* gene performed significantly better than two other groups, suggesting enhanced cognitive abilities.

When the team looked at which genes were affected by *CLOCK*, they found many genes that play a role in forming connections between neurons. The results may provide insight into *CLOCK*'s link to neuropsychiatric and neurologic disorders, since several of the identified genes have been linked to these conditions.

[Read the full new release](#)

Insider Guide



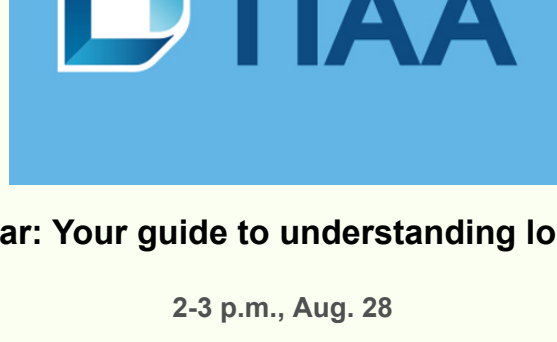
Today: EAC blood drive

10 a.m.-3 p.m.

North Campus/West Campus

The Employee Advisory Council (EAC) and Carter BloodCare are hosting a blood drive today to address the critical need in North Texas for blood donors. Appointments are encouraged by texting "CBCDonate" to 999-777 or using the link below. As a thank you, donors will receive a tote bag (while supplies last).

[Join the drive](#)



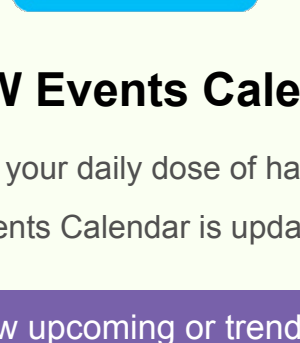
Webinar: Your guide to understanding longevity

2-3 p.m., Aug. 28

Virtual event

Join the Benefits & Wellness office for the next webinar in the "Building Your Financial Wellness" series. During this session, you can learn about the challenges and opportunities associated with increased longevity, how it affects retirement planning and saving decisions, and the actions needed for maintaining an aging population's health, wealth, and happiness.

[Register to get started](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu.
Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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