



## You're invited: 2025 Beth Levine, M.D. Prize in Autophagy Research award ceremony

The entire UT Southwestern community is invited to honor the legacy of the late **Beth Levine, M.D.**, a pioneering UTSW scientist whose groundbreaking work laid the foundation for the field of mammalian autophagy.

The [Beth Levine, M.D. Prize in Autophagy Research](#) is awarded biennially to recognize excellence in this vital area of biomedical science.

This year's recipient is **Andrea Ballabio, M.D.**, an internationally recognized medical geneticist who has devoted his career to explaining the mechanisms underlying genetic diseases. Learn more about Dr. Ballabio and his research in our [news release](#).

The ceremony will be Sept. 15 from 11 a.m. to noon in the Tom and Lula Gooch Auditorium and will feature a lecture by Dr. Ballabio, highlighting his research in autophagy. Lunch will follow for attendees who register.

[Register to attend](#)

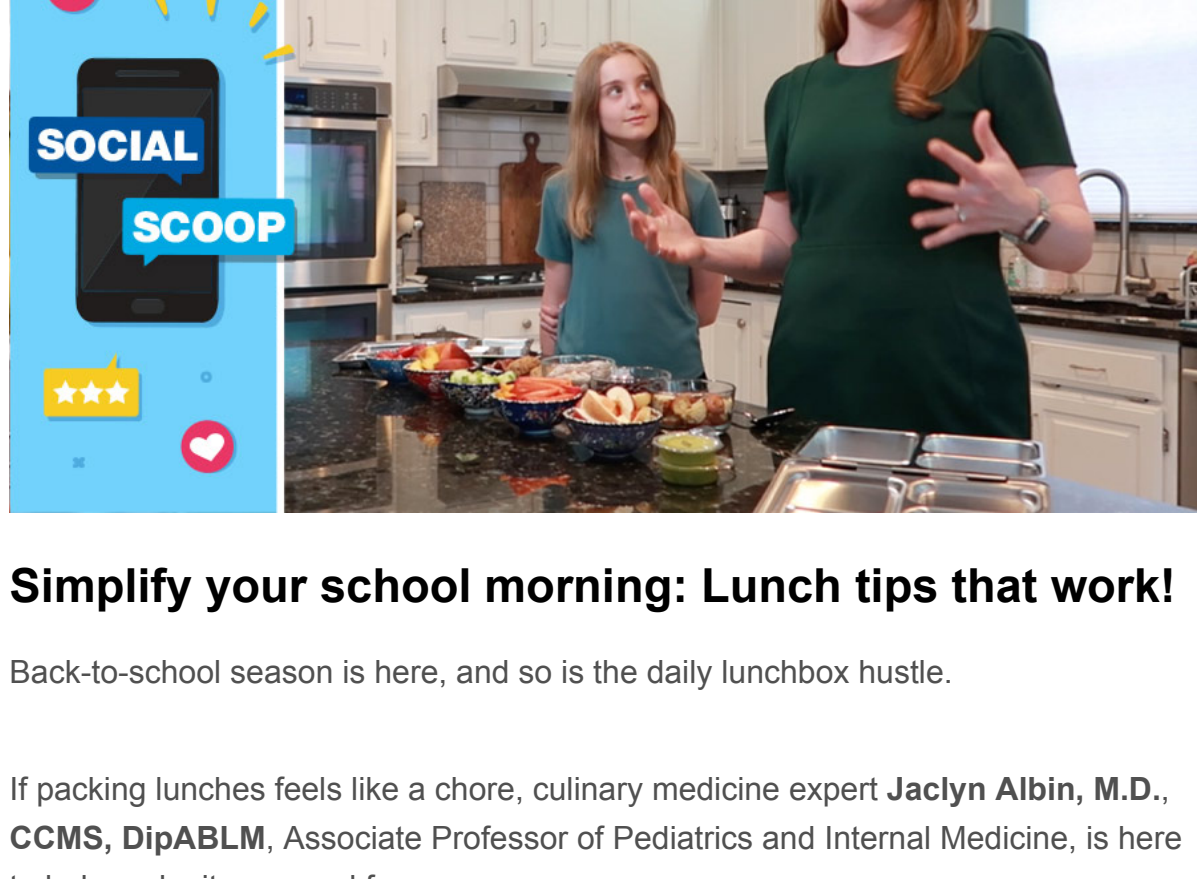

## Parking registration for FY26 opens Sept. 1

Employees who use UT Southwestern parking spaces must have their vehicles registered annually with Parking Services. If you already have a permit paid via payroll deduction, it will automatically renew, and no action is required by you.

Parking permits that are not currently set up through payroll deduction must be renewed. To ensure you have active parking beginning Sept. 1, visit the [Parking Portal](#) or one of the [parking offices on campus](#).

Please note there will be a 2% price increase in parking fees for fiscal year 2026, but full-time employees earning less than \$50,000 a year (based on their salary as of Sept. 1) are eligible for a 15% discount.

For more information, visit the parking registration webpage or contact Parking Services via [email](#) or at 214-648-9600.

[FY26 parking registration](#)


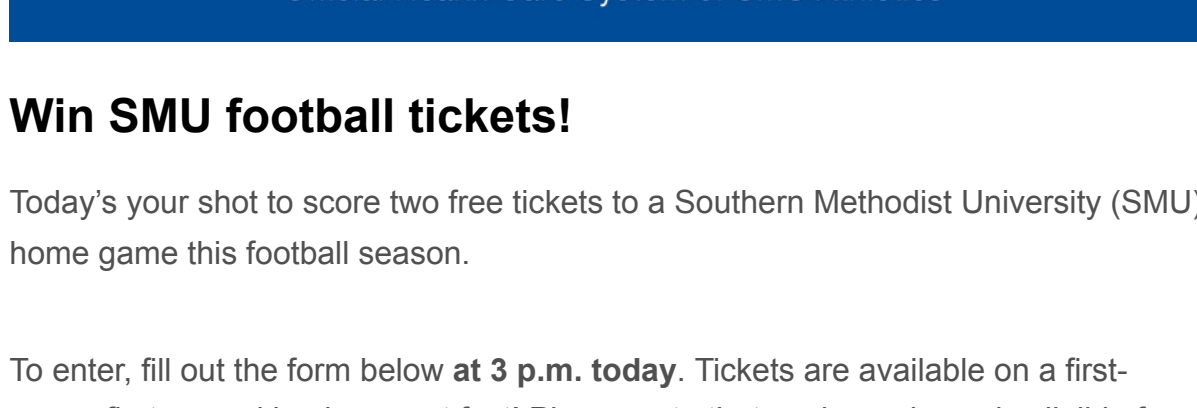
## Simplify your school morning: Lunch tips that work!

Back-to-school season is here, and so is the daily lunchbox hustle.

If packing lunches feels like a chore, culinary medicine expert **Jaclyn Albin, M.D., CCMS, DipABLM**, Associate Professor of Pediatrics and Internal Medicine, is here to help make it easy and fun.

In the first episode of our Back-to-School Lunch series, Dr. Albin shares quick, stress-free tips to save you time, make meals nutritious, and get kids excited to help in the kitchen. You'll get creative food ideas and innovative prep strategies for a smoother school morning routine.

Follow us on Instagram [@utswmedcenter](#) and stay tuned for more episodes in this series.

[Get your lunch-packing tips](#)


## Win SMU football tickets!

Today's your shot to score two free tickets to a Southern Methodist University (SMU) home game this football season.

To enter, fill out the form below **at 3 p.m. today**. Tickets are available on a first-come, first-served basis, so act fast! Please note that each employee is eligible for one pair of tickets per season.

If you don't win this time, you can still purchase discounted tickets [here](#). Reach out to the Brand team [via email](#) if you have questions.

As the Official Health Care System of SMU Athletics, UT Southwestern is proud to support the Mustangs.

[Click at 3 p.m. today to claim tickets](#)


## UTSW's Multidisciplinary Amputation Program transforms postsurgical care

For patients facing life after amputation, the journey can be complex and overwhelming. UT Southwestern's [Prosthetics and Orthotics Clinic](#) is changing that with a new program to help both patients and providers.

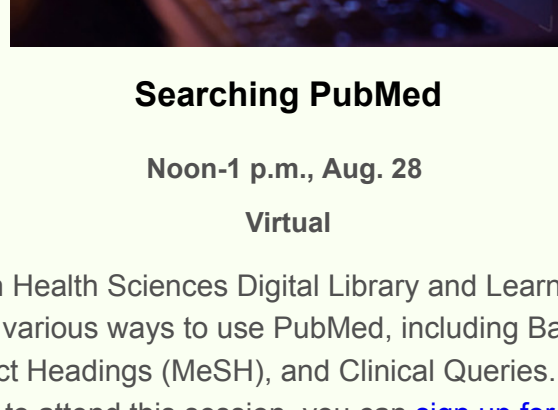
The UTSW Multidisciplinary Amputation Program, led by **Dane Wukich, M.D.**, Professor and former Chair of Orthopaedic Surgery, is a unique, comprehensive program to which physicians and surgeons throughout UTSW can refer their patients for the full range of postamputation care. That can include being fitted for a prosthesis, providing care and management of their devices, arranging for physical or occupational therapy, or helping navigate insurance authorizations and questions that may accompany the care journey.

"The program greatly speeds things up for patients and reduces their number of visits," said **Leslie Gray, CPO**, Associate Professor and Program Director of Prosthetics-Orthotics. "And it streamlines the process for physicians too because they can refer directly to Dr. Wukich and we handle things from there."

For more information about the Multidisciplinary Amputation Program, please call 214-645-8250 or [email Leslie Gray](#).

[Learn more about the program](#)

## Insider Guide



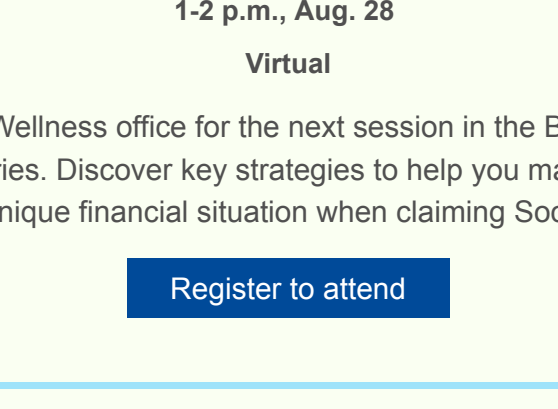
### Searching PubMed

Noon-1 p.m., Aug. 28

Virtual

The UT Southwestern Health Sciences Digital Library and Learning Center is offering a refresher session on various ways to use PubMed, including Basic Search, Advanced Search, Medical Subject Headings (MeSH), and Clinical Queries. Registration is required.

If you are unable to attend this session, you can [sign up for individual training](#).

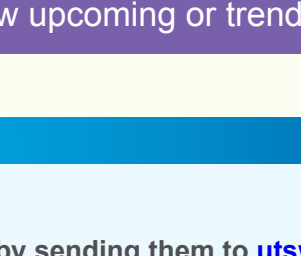
[Details](#)


### Make the most of your Social Security

1-2 p.m., Aug. 28

Virtual

Join the Benefits & Wellness office for the next session in the Building Your Financial Wellness webinar series. Discover key strategies to help you make informed decisions tailored to fit your unique financial situation when claiming Social Security benefits.

[Register to attend](#)


## UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)

Share your *Insider* suggestions by sending them to [utswinsider@utsouthwestern.edu](mailto:utswinsider@utsouthwestern.edu). Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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