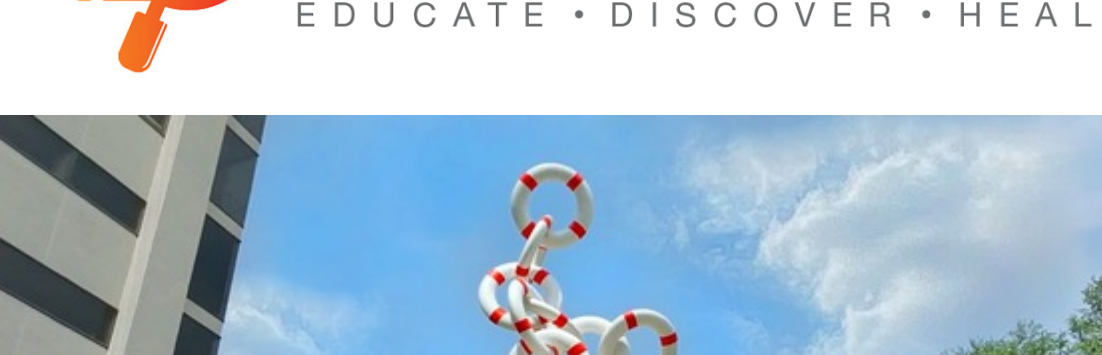




Welcome to the UTSW Insider!

We want to introduce you to your new, twice-weekly window into the vital and vibrant activities across UT Southwestern. Delivered to your inbox at 7 a.m. Mondays and Wednesdays, this news digest will keep you updated on essential matters such as benefits, compliance training, and flu shots. It also will spotlight scientific breakthroughs, educational excellence, clinical innovations, and opportunities for personal and professional growth that help define and enrich life at UTSW.

The Insider will reflect our institutional mission – to educate, discover, and heal – and aim to celebrate, inspire, and engage everyone within our community.

Thank you for providing suggestions to continue enhancing this new campus communication, which replaces Today@UTSW. We appreciate your feedback.

[Submit Feedback](#)

Flu shots are here – schedule yours today

As we approach the start of influenza season, we want to let you know that flu shot scheduling is now open for UT Southwestern employees. Providing flu vaccines to all employees at no cost is part of UT Southwestern's commitment to the safety of our patients, staff, faculty, students, and community.

Employees will be able to receive their annual vaccine Sept. 18 through Oct. 31, by appointment as scheduled through Occupational Health's ReadySet platform. "High-dose" formulations for individuals 65 years and older will be available as well.

The button below will take you to more flu shot information, including tip sheets, hours and locations, and step-by-step instructions for scheduling your flu shot.

Students should be on the lookout for a separate communication about flu vaccination coming soon from Student Health.

As a reminder, UT Southwestern policy ([HSO-203: Influenza Vaccination](#)) requires that all faculty, staff, house staff, and students working or training in our University Hospital and clinics – or at any UTSW or affiliated clinical research sites or locations – receive an influenza vaccination or provide written notice to Occupational Health seeking an exemption for medical, religious, or personal reasons. For questions, please contact [Occupational Health](#).

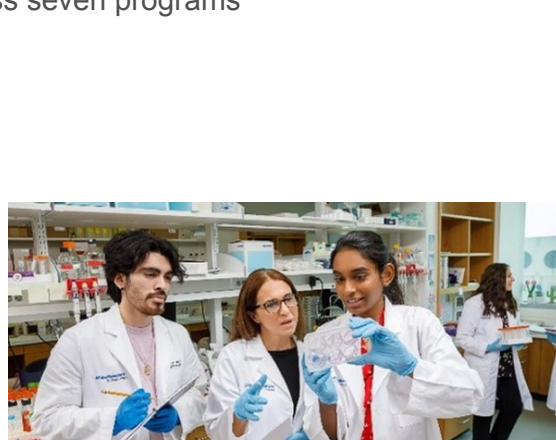
[Flu Shot Details](#)



Four schools in full swing

UT Southwestern's four schools – the Medical School, School of Health Professions, the Graduate School of Biomedical Sciences, and the recently added O'Donnell School of Public Health – are fully operational, marking a milestone in our institution's history. The cohort of new students includes future physicians, scientists, health professionals, and public health experts with diverse backgrounds. Together with our skilled educators, these learners and their four schools will continue to elevate UTSW's reputation as a premier destination for comprehensive training and higher learning.

[Here is a quick snapshot of our new students. Welcome to campus!](#)



Medical School

237 new students
54% women in the cohort
25% from underrepresented racial and ethnic groups (URGs) in medicine
3.89 GPA, 516 MCAT averages



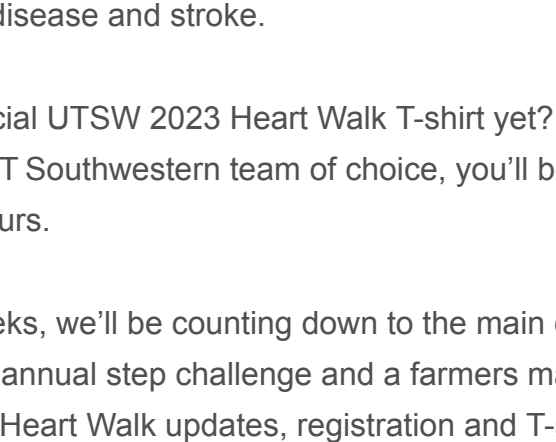
School of Health Professions

141 new students across seven programs
71% women
35% from URGs
3.73 GPA average



Graduate School of Biomedical Sciences

139 new students in the division of basic sciences
50+% women
22% from URGs
44% international students
13% new clinical psychology students



O'Donnell School of Public Health

51 new students
34 M.P.H.; 17 M.D./M.P.H.
70% women in founding cohort
37% from URGs
11 students are current UTSW employees

These figures reflect data prior to the 2023-2024 UT Southwestern census expected this week.

Heart Walk with us on Sept. 23

Lace up your favorite walking shoes and get ready to bond with thousands of colleagues and community members at the 2023 Dallas Heart Walk – the largest in the country. UTSW is hoping to register at least 3,000 walkers for a great showing to help overcome heart disease and stroke.

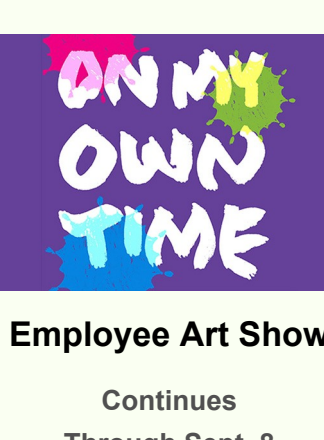
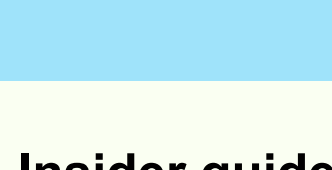
Do you have your official UTSW 2023 Heart Walk T-shirt yet? Once you've registered with your UT Southwestern team of choice, you'll be sent information about how to claim yours.

Over the next few weeks, we'll be counting down to the main event with some fun activities, such as the annual step challenge and a farmers market. The button below will take you to Heart Walk updates, registration and T-shirt details, and additional heart-healthy diet and exercise tips and recipes.

[Information and Registration](#)

How many years have you participated in the Dallas Heart Walk?

[0](#) [1](#) [2](#) [3](#) [4](#) [5](#) [6](#) [7](#) [8](#) [9](#) [10](#)



Rare Disease Symposium returns

UT Southwestern is a charter member of the National Organization for Rare Disorders (NORD), an elite network of about 40 centers nationally that collaborate to improve the pace of progress in research and treatments for the approximately 7,000 known rare diseases – everything from cystic fibrosis to von Hippel-Lindau disease.

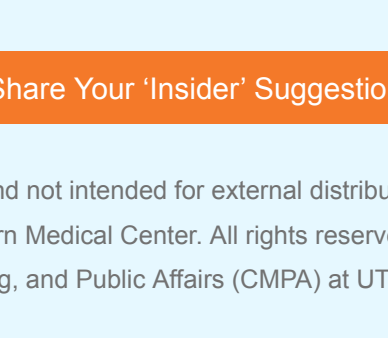
Highlighting our work in this important field, the UTSW Rare Disease Center of Excellence Symposium returns to campus for its second year on Friday, Sept. 15.

George V. Mazariegos, M.D., Chief of Pediatric Transplantation at UPMC Children's Hospital of Pittsburgh, will be the keynote speaker. Dr. Mazariegos specializes in liver and intestinal transplantation, caring for children who develop acute liver failure and require specialized support therapies.

Several UTSW faculty members also will present at the symposium, which explores rare diseases from our three mission areas: clinical, educational, and research. The event will be held from 8 a.m.-5 p.m. in the T. Boones Pickens Biomedical Building (ND14) on North Campus. For the full agenda, please visit the [campus events page](#).

[Register](#)

Insider guide



Employee Art Show

Continues
Through Sept. 8

The On My Own Time (OMOT) employee art show will be on display through Friday at the A.W. Harris Faculty-Alumni Center, fourth floor, E Building.

[Details](#)



Dolphin Tank

Thursday, Sept. 7
3-4:30 p.m. Pegasus Park

Blackstone Launchpad presents Dolphin Tank, which is like "Shark Tank," but for biotech. Watch on Zoom or in-person (confidential disclosure required).

[Details](#)

Fade Out Diabetes

Friday, Sept. 8
Noon-6 p.m.

Help raise awareness about Type 2 diabetes risks at the community barbershop event, where UTSW will offer free A1C tests. CME course/credit available.

[Details](#)

Learn more about the sculpture [Life Rings, Fig. 2](#) pictured at the top of this edition.

[Share Your 'Insider' Suggestions](#)

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