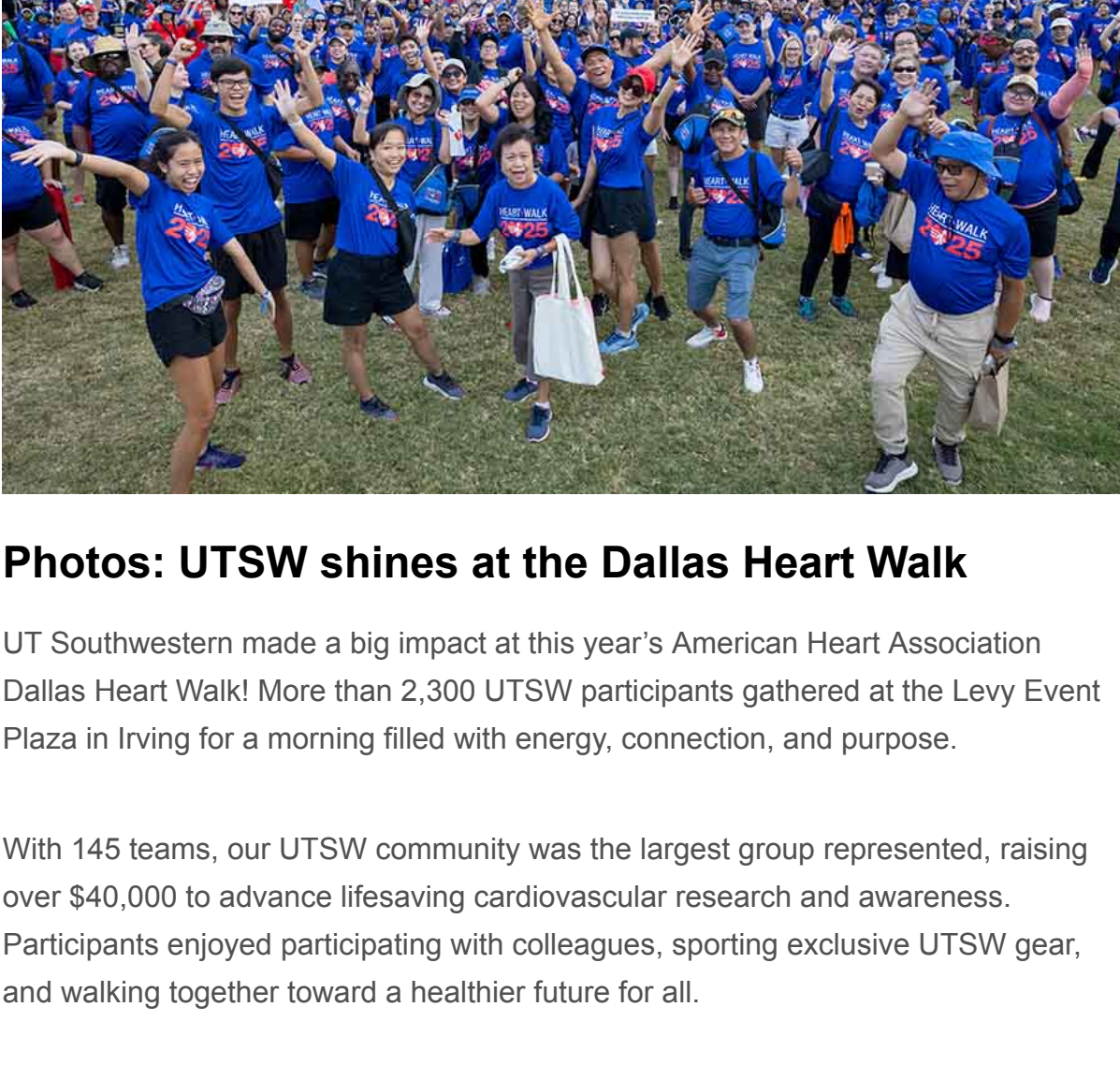




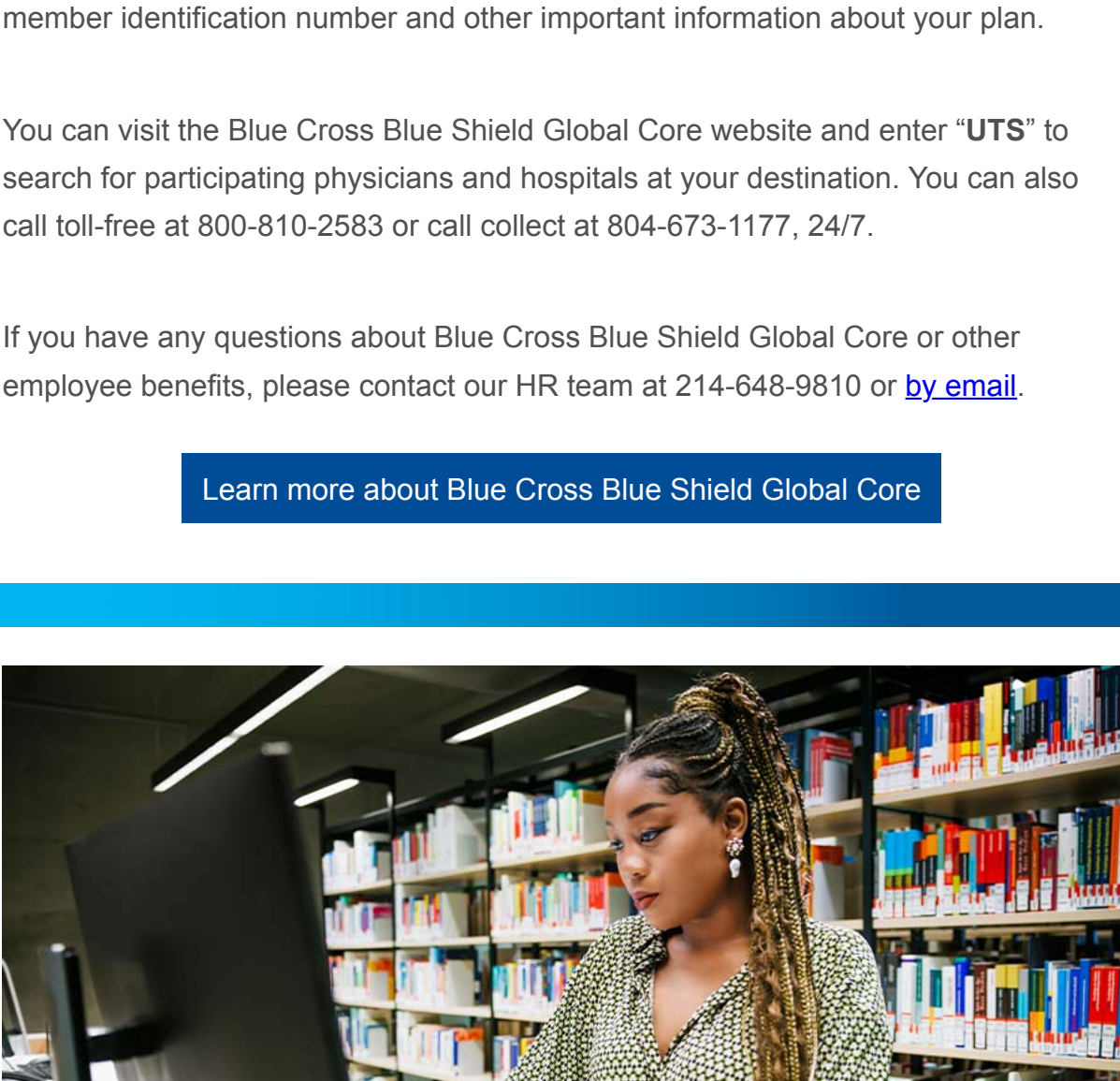
Photos: UTSW shines at the Dallas Heart Walk

UT Southwestern made a big impact at this year's American Heart Association Dallas Heart Walk! More than 2,300 UTSW participants gathered at the Levy Event Plaza in Irving for a morning filled with energy, connection, and purpose.

With 145 teams, our UTSW community was the largest group represented, raising over \$40,000 to advance lifesaving cardiovascular research and awareness. Participants enjoyed participating with colleagues, sporting exclusive UTSW gear, and walking together toward a healthier future for all.

Take a moment to relive the highlights and see the smiles that made this event so special.

[Click through the gallery!](#)



Medical coverage when you travel

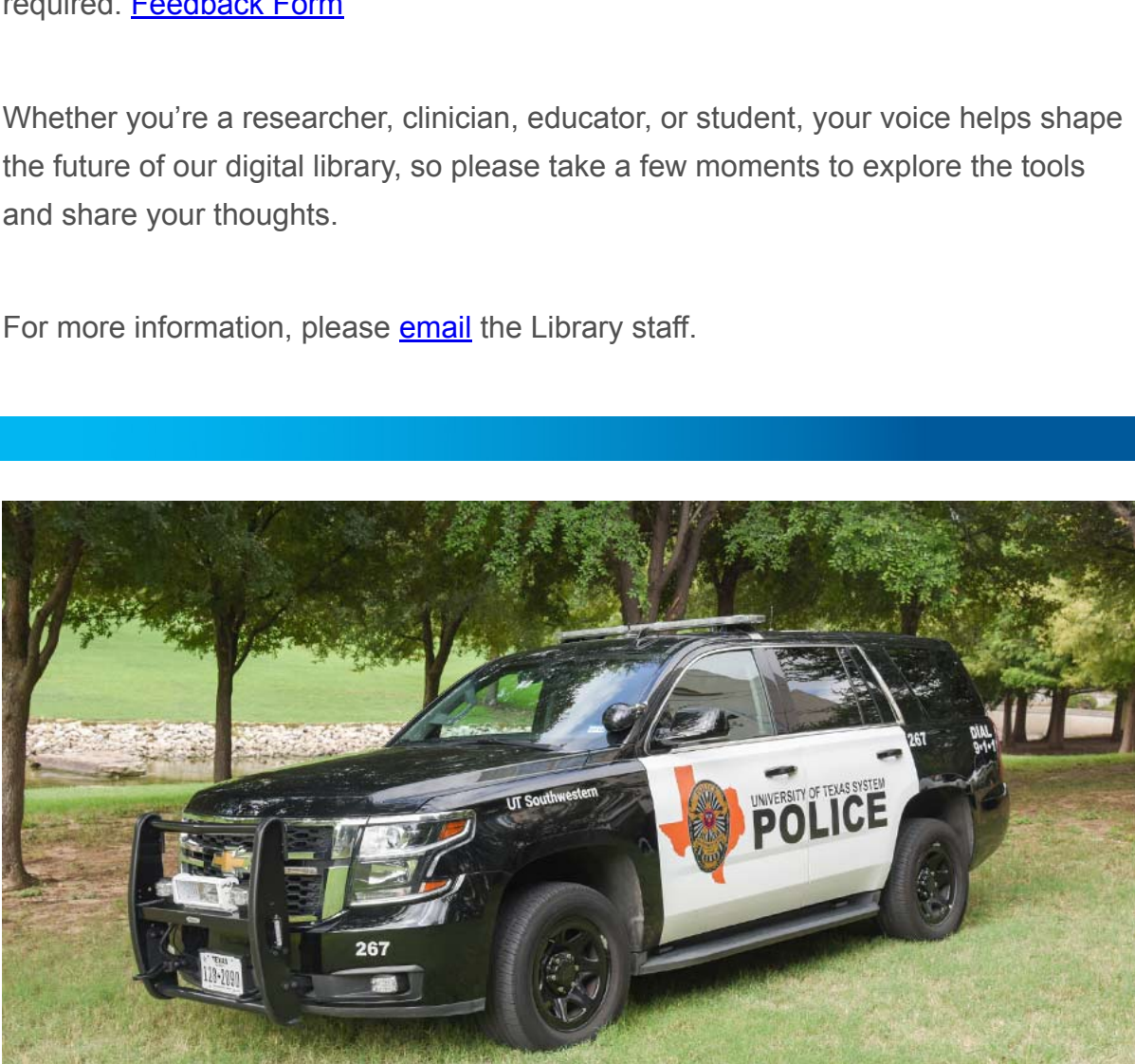
Members of the UT SELECT medical plan (and their covered family members) have access to medical care when traveling abroad, through the Blue Cross Blue Shield Global Core program. Whether you're heading to Mexico or vacationing overseas, this program offers some medical coverage, including for hospitals on almost every continent, and a broad range of medical assistance services.

Be sure to carry your UT SELECT Medical identification card, which includes your member identification number and other important information about your plan.

You can visit the Blue Cross Blue Shield Global Core website and enter **"UTS"** to search for participating physicians and hospitals at your destination. You can also call toll-free at 800-810-2583 or call collect at 804-673-1177, 24/7.

If you have any questions about Blue Cross Blue Shield Global Core or other employee benefits, please contact our HR team at 214-648-9810 or [by email](#).

[Learn more about Blue Cross Blue Shield Global Core](#)



Try free tools and help shape the future of library resources

The Health Sciences Digital Library and Learning Center at UT Southwestern is committed to providing the most relevant, cutting-edge tools to support research, education, and clinical care. This month, several exciting digital resources are available for trial, and the library team needs your input to help determine which of these will best serve our campus.

By sharing your input through the feedback forms provided, you can directly influence future purchasing decisions and ensure the library continues to deliver valuable, up-to-date resources.

[Overton Index](#)

Trial ends Nov. 15

Overton Index is a powerful platform that indexes millions of policy and "grey literature" documents. It helps researchers and policymakers discover evidence, track academic influence on decision-making, and map the policy landscape. Sign up using your UTSW email address: [Feedback Form](#)

[Web of Science Research Assistant](#)

Trial ends Nov. 19

This tool allows users to pose natural-language queries (in multiple languages), receive concise overviews of results, identify key journals or experts, and streamline complex research workflows. [Feedback Form](#)

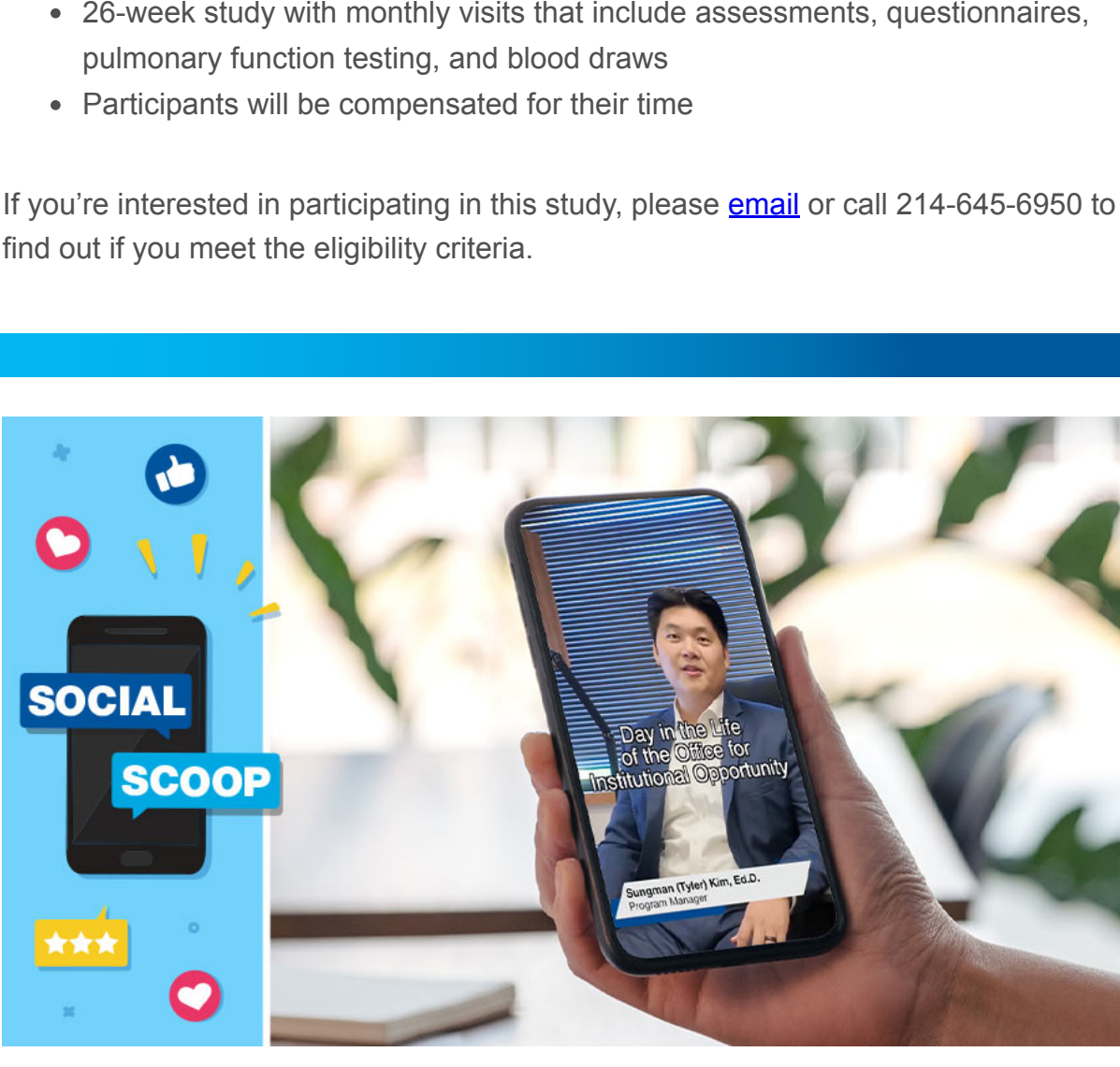
[CAS BioFinder](#)

Trial ends Dec. 31

CAS BioFinder integrates comprehensive pharmaceutical data with AI-enhanced predictive technology. It's related to CAS SciFinder and can be accessed by clicking the three dots in the top left corner of SciFinder. Note: [SciFinder registration](#) is required. [Feedback Form](#)

Whether you're a researcher, clinician, educator, or student, your voice helps shape the future of our digital library, so please take a few moments to explore the tools and share your thoughts.

For more information, please [email](#) the Library staff.



Staying safe on campus

Maintaining a safe and secure environment for everyone on campus is a fundamental responsibility of the UT Southwestern Police Department (UTPD), and each of us plays an important role in helping police respond quickly and effectively in an emergency. We want to remind you to please review the emergency contact information and response guidance below.

On campus:

For the fastest response during an on-campus emergency, contact UTPD directly. Please save the following numbers to your phone favorites or speed dial:

- Emergencies (on campus): 214-648-8911
- Nonemergencies: 214-648-8311

If you have [Microsoft Teams Calling](#) enabled, you can also reach UTPD via Teams. Visit the Microsoft Teams Calling guide for information about adding these numbers to your Teams speed dial. If you do not have Teams Calling enabled, visit the [Information Resources intranet page](#) for details (on-campus network or VPN connection required) or reach out via [email](#).

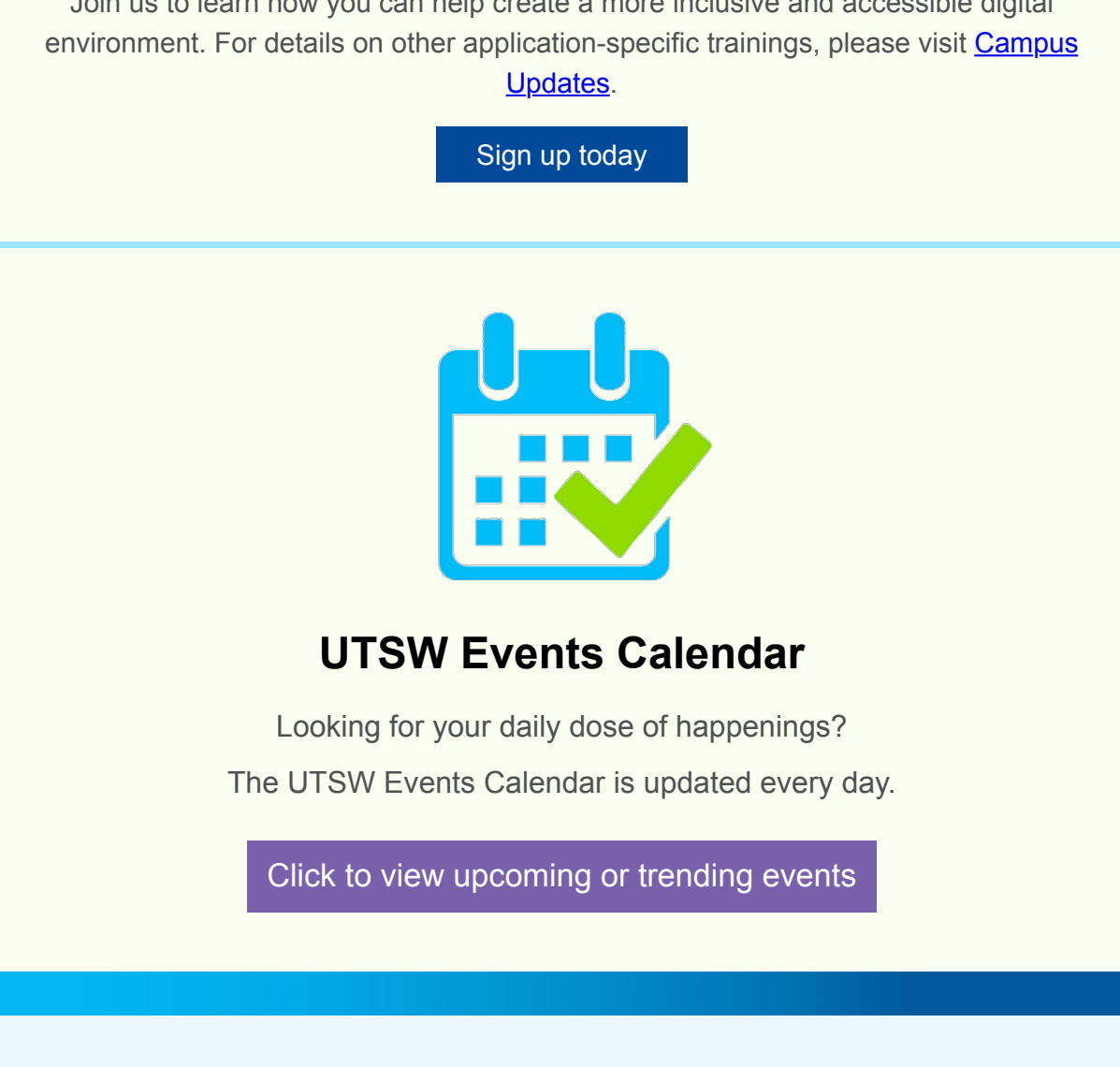
Please note: Brookriver, Empire Plaza, Pegasus Park, Trinity Towers, Woodview Tower, and X Building are all considered on-campus locations in this instance.

Off campus or remote:

Dial 911 for local emergency services. Employees at Children's Health and Parkland Health should follow site-specific protocols.

For questions, contact [Lt. Cynthia Loreda](#).

[View full details](#)



Join a study to determine if an antidepressant helps reduce asthma attacks

Escitalopram is a commonly prescribed antidepressant used to treat mood and anxiety disorders. But researchers at UT Southwestern are exploring whether it might also help people with asthma without depression. Previous studies have shown that people with both asthma and depression who took escitalopram had fewer asthma flare-ups and better overall asthma control.

This study will look at whether escitalopram can reduce the number of serious asthma attacks compared to a placebo.

Who can participate? Adults between 18 and 65 who:

- Speak English or Spanish
- Have moderate-to-severe asthma
- Have had three or more severe asthma exacerbations in the past year
- Are currently treated with medium-to-high dose inhaled corticosteroids (ICS) and long-acting beta agonist (LABA) therapy

Study details:

- 26-week study with monthly visits that include assessments, questionnaires, pulmonary function testing, and blood draws
- Participants will be compensated for their time

If you're interested in participating in this study, please [email](#) or call 214-645-6950 to find out if you meet the eligibility criteria.

A Day in the Life: Meet the heart behind UTSW's community spirit

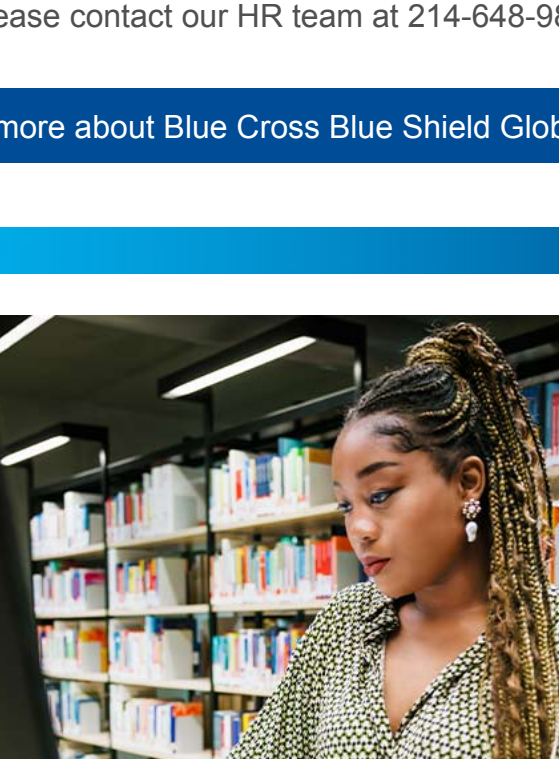
What do Business Resource Groups and employee development programs have in common? They're all powered by the Office for Institutional Opportunity, and one of their driving forces is Program Manager Sungman "Tyler" Kim, Ed.D.

Tyler's mission is to make UT Southwestern feel more connected, welcoming, and engaging for everyone who walks through our doors. Whether he's helping launch a new initiative or cheering on employee achievements, Tyler is passionate about building a workplace where people feel seen, supported, and inspired.

See how Tyler and his team help bring our campus community to life.

[Watch the video and get inspired](#)

Insider Guide



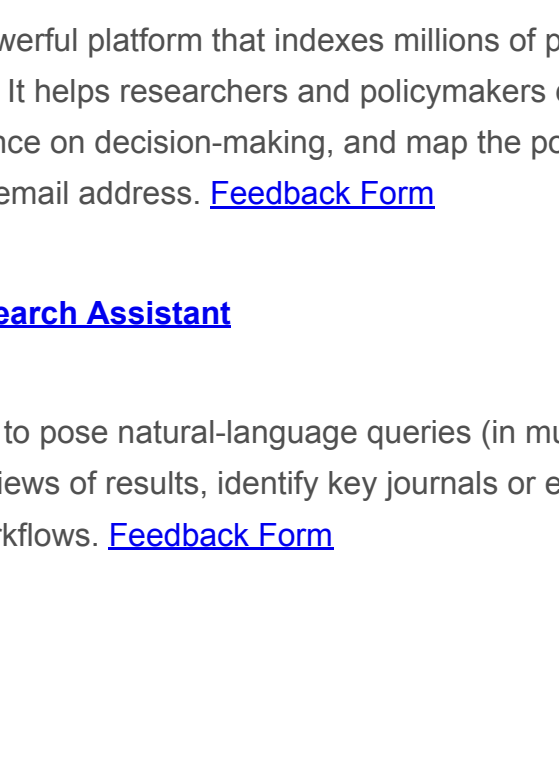
2025 Leaders in Clinical Excellence Awards

4:30 p.m., Today

Tom and Lula Gooch Auditorium

Today's the day! Please join us in honoring the recipients of the eighth annual Leaders in Clinical Excellence Awards. The ceremony will feature inspiring videos and moving speeches from [this year's recipients](#). Following the ceremony, you're invited to a food-and-drink reception on McDermott Plaza.

[Registration and livestream info](#)



Digital Accessibility 101

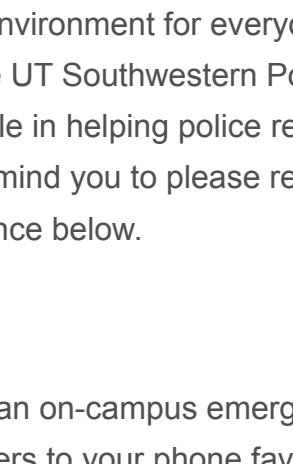
1-2 p.m., Nov. 6

Virtual event

UT Southwestern is preparing to meet updated ADA digital accessibility standards and is offering several courses to help the community prepare. This one-hour session introduces essential accessibility principles and provides practical guidance for achieving compliance.

Join us to learn how you can help create a more inclusive and accessible digital environment. For details on other application-specific trainings, please visit [Campus Updates](#).

[Sign up today](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[Click to view upcoming or trending events](#)