



Spread a little artful cheer this season

Looking for a thoughtful gift for family, friends, or colleagues? The UTSW 2026 Art Collection Calendar is here and ready to brighten the new year.

You can choose the wall version for \$14.95 or the tabletop version for \$19.95, in stores and online.

This year's edition, created with UTSW Art Curator **Courtney Crothers**, celebrates the striking sculptures around Donald Seldin Plaza. The collection was made possible through the generosity of Nobel Prize laureate **Joseph L. Goldstein, M.D.**, Chair of Molecular Genetics. Each piece tells a story of creativity and discovery, making this calendar a beautiful way to enjoy art year round.

Whether it's for your home, office, or a friend or colleague, this calendar is a gift that will inspire.

[Order before they're gone!](#)

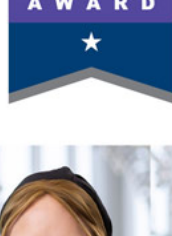


Take a moment to recharge with Headspace

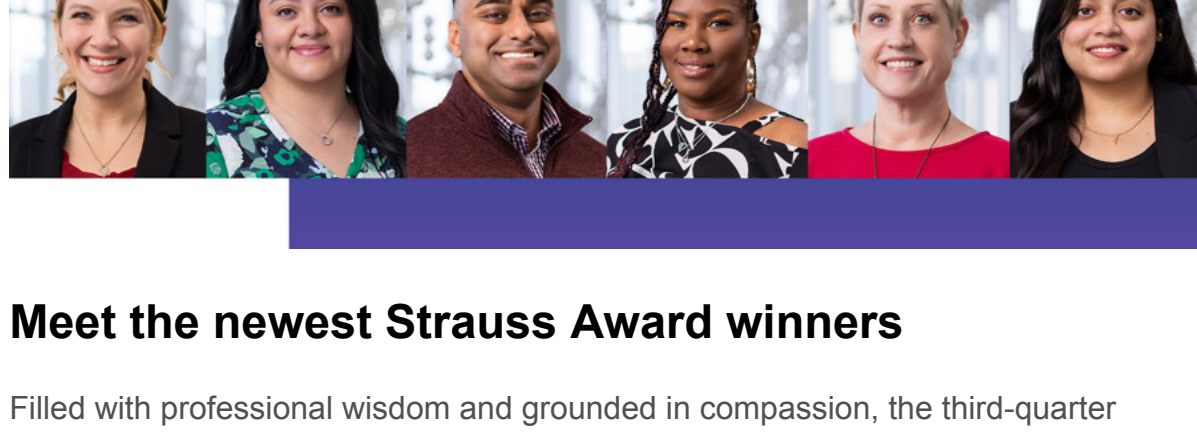
Feeling the holiday rush? Our Human Resources Employee Support team encourages you to pause and reset with guided meditations and videos from Headspace. There's a great collection of meditations and videos designed to help you slow down and refocus on your self-care. Explore guided sessions on connection, gratitude, goal setting, and more.

You'll find a detailed list and suggested calendar of events on Campus Updates, linked below.

[Prioritize your well-being](#)



**DIANA & RICHARD C. STRAUSS
SERVICE EXCELLENCE AWARD**



Meet the newest Strauss Award winners

Filled with professional wisdom and grounded in compassion, the third-quarter recipients of the Diana and Richard C. Strauss Service Excellence Awards help make UT Southwestern a great place to work and grow.

They're innovators, team builders, optimizers, and collaborators. And while their roles vary from providing direct care to supporting clinical team members, they're all an important part of the UTSW mission.

Six colleagues were honored last month during a virtual ceremony hosted by **Jonathan Efron, M.D.**, Executive Vice President for Health System Affairs. Catch a recording of the ceremony, along with a story that reveals what makes the most recent Strauss Award honorees stand out, using the button below.

[Discover their personal stories](#)



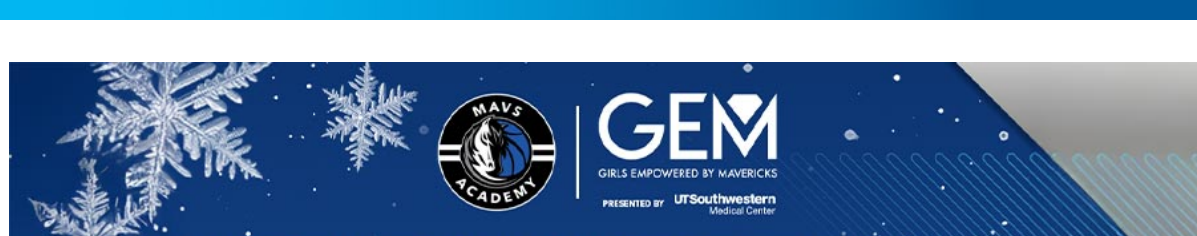
A fresh view: Ophthalmology's North Dallas regional clinic is moving

UT Southwestern's Ophthalmology clinic in North Dallas has officially relocated from Greenville Avenue to its new space at 1125 E. Campbell Road, Suite 125, in Richardson. The clinic name remains the same, and so do the contact numbers: 214-645-0950 (phone) and 214-645-1325 (fax).

The new location offers expanded clinical space and a larger team of doctors, giving patients greater access to a full range of ophthalmic subspecialties, including comprehensive ophthalmology, cornea and external disease, glaucoma, neuro-ophthalmology, vitreoretinal disease, and uveitis. Optometrists will also be available to perform comprehensive eye exams.

And starting in January 2026, an onsite optical shop will open, making it easier than ever for patients to receive both expert care and eyewear all in one convenient location.

[See even more](#)



Empower young athletes: Special offer on Mavs GEM camp

As the presenting partner of Girls Empowered by Mavericks (GEM), UT Southwestern is being offered an exclusive 30% discount on registration for the January GEM Camps.

GEM aims to engage, inspire, and empower girls ages 7-18 with continued development and success. Providers from UTSW will teach the girls how to stay physically and mentally healthy.

Discounts are available for:

- One-day Holiday Hoop Camp on Jan. 2, in Frisco (ages 7-18)
- Half-day Hoop Camp on Jan. 19, in Richardson (ages 4-14)

[Register](#) and use the code UTSW30 for the discount. Please note that this code applies only to GEM Camps.

For questions, contact [UTSW's Brand Team](#).

Insider Guide

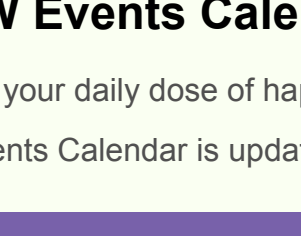


Digital Accessibility: MS Word -Simple Steps to Accessibility

Noon-1 p.m., Dec. 17
Virtual

UT Southwestern is preparing to meet updated ADA digital accessibility standards and is offering several courses to get everyone ready. This one-hour session will help you learn how to create and restructure Microsoft Word documents for accessibility using semantic structure and built-in tools. For details on other application-specific training, please visit [Campus Updates](#).

[Sign up to attend](#)



UTSW Events Calendar

Looking for your daily dose of happenings?

The UTSW Events Calendar is updated every day.

[View upcoming or trending events](#)

Share your *Insider* suggestions by sending them to utswinsider@utsouthwestern.edu. Looking for an item in a past edition of this newsletter? Check out our [Insider archive](#).

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