

UTSouthwestern
Medical Center

Department of Pediatrics

Combined Internal Medicine and Pediatrics

Our 2024 Impact

The Division of Combined Internal Medicine and Pediatrics seeks to promote and enhance the clinical practice and scholarly activities of physicians trained in both internal medicine and pediatrics, with a focus on collaborative work between pediatric and adult medicine.

Combined Internal Medicine and Pediatrics (Med-Peds)

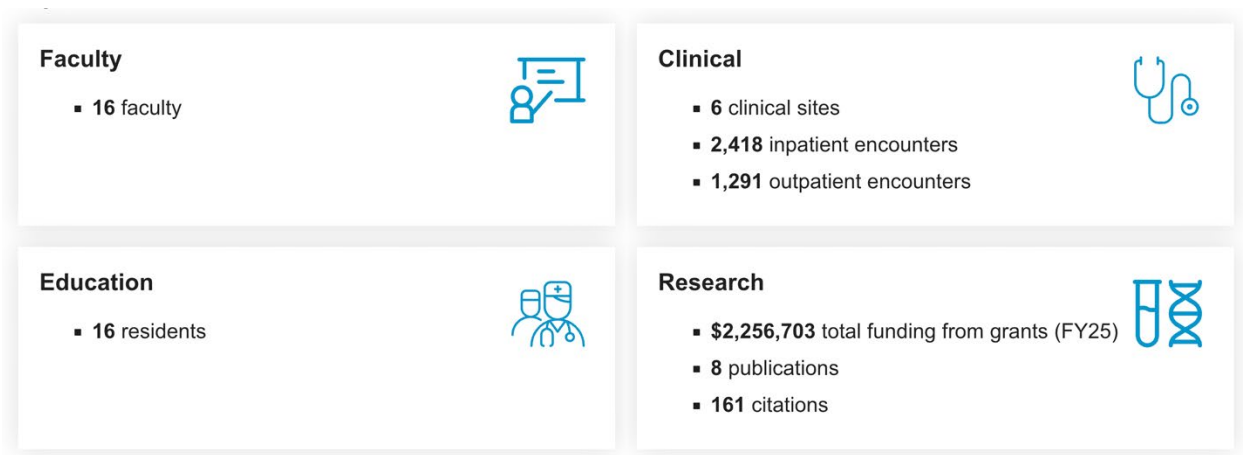
The Division of Combined Internal Medicine and Pediatrics (Med-Peds) seeks to promote and enhance the clinical, educational, and scholarly activities of physicians trained in both internal medicine and pediatrics, with a focus on collaborative work between pediatric and adult medicine to improve health care delivery across the lifespan.

Our division resides in both the UT Southwestern Department of Internal Medicine and Department of Pediatrics, unifying the resources and expertise of both.

Highlights of our Division include:

- Our faculty are dual trained, and board certified in internal medicine and pediatrics, with meaningful expertise and engagement in both adult and pediatric care.
- We are well-positioned as “bridge-builders,” linking pediatric and adult systems of care to enhance the care of patients across the continuum – particularly as they transition from pediatrics to adulthood.

By the Numbers 2024



Clinical Affairs

The Division of Combined Internal Medicine and Pediatrics (Med-Peds) leads the [Internal Medicine – Pediatrics Clinic at Professional Office Building 2](#), a primary care medical home for individual patients of all ages and families. Our faculty also provide clinical care in the [Culinary Medicine Program](#), [Student Health Services](#), pediatric and internal medicine resident teaching clinics, and inpatient medicine services at [Children’s HealthSM Children’s Medical Center Dallas](#), and [Parkland Health and Hospitals Systems](#).

Inpatient Services

Combined Med-Peds hospitalists divide their clinical time equally between the Pediatric hospitalist group at Children's Medical Center Dallas and the Hospitalist Medicine group at Parkland Memorial Hospital. This allows them to care for hospitalized pediatric and adult patients, bringing their medical expertise to patients across the lifespan in both patient care settings.

Combined Internal Medicine & Pediatrics Primary Care Practice

The Internal Medicine – Pediatric Clinic, located in Professional Office Building 2 at UT Southwestern, opened in 2015.

Faculty in this practice are board-certified in both internal medicine and pediatrics and provide comprehensive primary care services to patients of all ages, from newborns to geriatric patients. This practice also serves as the continuity clinic site for Med-Peds residents.

Education

The Division of Combined Internal Medicine and Pediatrics provides educational opportunities for medical students and residents. The Division also has a fully accredited Internal Medicine-Pediatrics Residency Program.

Medical Students

The Division provides multiple opportunities for medical students to have exposure to pediatrics and internal medicine practice. Medical students rotate through the Internal Medicine – Pediatrics Clinic during their ambulatory clerkship.

Faculty also participate in inpatient teaching services at Children's Medical Center Dallas and Parkland Memorial Hospital. Many of our faculty serve as mentors to medical students through the UT Southwestern Colleges Program, as well as the Med-Peds Student Interest Group. Our Division faculty are also engaged in medical student education through the leadership of culinary medicine courses and through the role of Co-Clerkship Directors in Internal Medicine, as well as the Ambulatory Clerkship.

Residents

Division faculty provide clinical training to Pediatric, Internal Medicine, and Med-Peds residents in a variety of clinical settings, including the Pediatric Continuity of Care Clinic at Children's Medical Center Dallas, the Parkland Community Internal Medicine Clinic, and the Combined Internal Medicine and Pediatrics Primary Care Practice at UT Southwestern.

Faculty also supervise residents on inpatient teaching services at Children's Medical Center Dallas and Parkland Memorial Hospital. In addition, a Division faculty member leads the Pediatric Global Health Program and elective for Pediatric residents.

Med-Peds Residency Program

Our mission is to provide a rich dual training experience to support each resident's unique career path, equipping them to join the next generation of outstanding Med-Peds physicians, scholars, advocates, educators, and leaders.

Our program launched with our first intern class in June 2016. We accept four interns per year. Residents alternate between internal medicine and pediatrics rotations every three to four months; at the end of their four-year training program, they are board-eligible in both internal medicine and pediatrics. They are also eligible for any internal medicine, pediatric, or dual subspecialty fellowship program.

Med-Peds interns gain a solid clinical foundation by rotating through inpatient, intensive care, ambulatory, and emergency department settings at our primary training facilities: Children's Medical Center Dallas, Parkland Memorial Hospital, and William P. Clements Jr. University Hospital. Increased supervisory responsibility is integrated as residents advance through the remaining years of training, as is additional time for individualized curriculum blocks. Med-Peds training affords a variety of career possibilities, and we are committed to a truly individualized approach to fostering the development of each resident's unique skills, interests, and passions.

While each Med-Peds resident is fully integrated into the categorical program experience, a number of opportunities have been developed to cultivate a combined practice as well. Med-Peds "Synergy" conferences are introduced into the categorical internal medicine and pediatrics noon conference curriculum; there are also dedicated monthly conferences and journal clubs specifically for Med-Peds residents.

Research

Division of Combined Internal Medicine and Pediatrics (Med-Peds) faculty members are involved in clinical research. Faculty research interests include the following:

- Undergraduate and graduate medical education
- Global health
- LGBTQ health
- HIV prevention and management in primary care
- Culinary medicine
- Pediatric to adult health care transition
- Treatment for patients hospitalized with COVID-19

Our Impact

The Division of Combined Internal Medicine and Pediatrics (Med-Peds) was created in 2015 as a joint initiative between the Departments of Internal Medicine and Pediatrics. Dual-trained in both Internal Medicine and Pediatrics, division faculty members are dedicated to clinical, educational, and scholarly efforts within both Departments, with an emphasis on improving health care delivery across the lifespan.

Mission

Specifically, we aim to:

- **Promote combined Med-Peds clinical practice by:**
 - Providing high-quality health care for families and individuals throughout the age spectrum, including but not limited to those with pediatric-onset special health care needs such as developmental delay, congenital heart disease, cystic fibrosis, diabetes, pediatric cancer, etc.
 - Enhancing patient care, research, advocacy efforts, and medical systems management in both Internal Medicine and Pediatrics through approaches that reflect perspective and experience across the lifespan.
- **Develop and expand combined Med-Peds residency training by:**
 - Providing a comprehensive, well-integrated residency training experience that prepares residents for Board certification in both Internal Medicine (ABIM) and Pediatrics (ABP) as well as advanced subspecialty training within each of these disciplines.
 - Increasing the number of physicians trained to offer high-quality, comprehensive primary and specialty care for patients of all ages, including those with complex chronic conditions.
- **Support Med-Peds faculty in their distinct and varied roles as:**
 - Comprehensive primary care providers.
 - Subspecialists in areas conducive to dual training and practice, including but not limited to Allergy/Immunology, Cardiology, Endocrinology, Infectious Disease, Nephrology, and Rheumatology.
 - Experts regarding specific conditions that have an impact across the lifespan.
 - Educators and mentors of medical students and residents in Internal Medicine, Pediatrics, and Combined Internal Medicine-Pediatrics programs and settings
 - Researchers, advocates, and health system leaders focused on conditions that impact patients of all ages.

Honors and Awards

Emily Bufkin – IM Ambulatory clerkship teaching award, 2025 and 2023

Jaclyn Albin – “Mom-Approved Pediatrician” Recognition, DFWChild.com, 2024 and 2023

Daniel Driver – Internal Medicine UME Teaching Award, Honorable Mention, UTSW Internal Medicine Clerkship, 2024 and 2025

Nicole Oakman – Parkland Unsung Physician of the Month, Parkland Health Medical Staff, 2024

Jennifer Walsh – “Best Pediatric Specialists in Dallas,” Adolescent Medicine, D Magazine, 2018-2024

Publications

Jaclyn Albin – Eisenberg DM, Cole A, Maile EJ, Salt M, Armstrong E, Broad Leib E, Findley T, Massa J, **Albin J**, Alston M, Barkoukis H, Buckhold F, Danoff R, Delichatsios H, Devries S, Dewar S, Di Rocco J, Duggan CP, Essel K, Frates B, Hansen P, Haramati A, Harlan TS, Hauser ME, Leopold D, Lewis J, Locke A, Mann JR, McClure A, McWhorter JW, Misra S, Murano T, Oxentenko A, Pierce-Talsma S, Potts S, Reilly JM, Ring M, Sampang S, Shafto K, Shiue L, Slusser W, Stone T, Studer K, Thomas O, Trilk J, Edgar L. [Proposed Nutrition Competencies for Medical Students and Physician Trainees: A Consensus Statement](#). JAMA Netw Open. 2024 Sep 3;7(9):e2435425. doi: 10.1001/jamanetworkopen.2024.35425. PubMed PMID: 39348126.

Jaclyn Albin – Abrams SA, **Albin JL**, Landrigan PJ. [Use of Genetically Modified Organism \(GMO\)-Containing Food Products in Children](#). Pediatrics. 2024 Jan 1;153(1). doi: 10.1542/peds.2023-064774. PubMed PMID: 38073334.

Paul Broker – McAllister, E.R., Wilson, J.E, Bojang, M., Thaxton, C., **Broker, PM.**, [Implementing a Workflow Process for Human Immunodeficiency Virus Pre-Exposure Prophylaxis \(PrEP\): A Quality Improvement Initiative](#), The Journal for Nurse Practitioners, Volume 20, Issue 8, 2024, ISSN 1555-4155, <https://doi.org/10.1016/j.nurpra.2024.105116>.

Emily Bufkin – **Bufkin, EN**, Stein, C, Kuo, AA. (2024). [Employment](#). In: Kuo, AA, Pilapil, M, DeLaet, DE, Peacock, C, Sharma, N. (Eds) *Care of Adults with Chronic Childhood Conditions: A Practical Guide*. (2nd ed., pp. 799-805). Switzerland: Springer Nature.

Nicole Oakman – Eckenrode M* and **Oakman N***. (2024). [Considerations for Hospitalized Adults with Chronic Childhood Conditions](#). In: Kuo, AA, Pilapil, M, DeLaet, DE, Peacock, C, Sharma, N. (Eds) *Care of Adults with Chronic Childhood Conditions: A Practical Guide*. (2nd ed., pp. 759-768). Switzerland: Springer Nature.

*Co-first authors

Top Conference Locations

Society of General Internal Medicine Annual Conference 2024, Boston, MA

American Academy of Developmental Medicine & Dentistry Conference 2024, Chicago, IL

Epic Users Group Meeting 2024, Madison, WI

Pediatric Academic Societies Meeting 2024, Toronto, ON, Canada

Health Care Transition Research Consortium Symposium 2024, Houston, TX