

dear residents

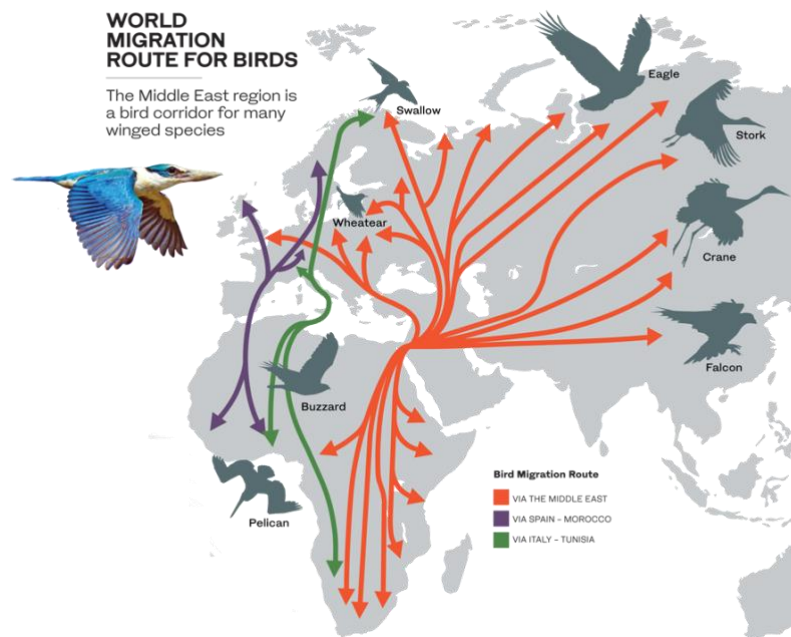
Spring Despite Everything

April 5, 2026

Dear Residents,

It's spring, a reminder that despite all that is unfolding around us in the world, seasonal change continues.

The biology of photoperiodism is remarkable. Plants and birds possess photoreceptors that respond to the lengthening of daylight, setting off cascading biological events: flowering, migration, renewal. One of the great bird migrations in the world passes directly through a narrow Middle East corridor, even now, even in the midst of conflict.



In *Apeirogon*, [Colum McCann](#) captures this enduring movement with quiet power:

“Birds...cross borders that humans cannot.”

Like plants and birds, residency has its own seasonal rhythms. We move forward, even when the world feels unsettled. We did so during COVID. We continue to do so now.

Spring is a particularly meaningful time in the life of a residency. We prepare to welcome new interns, even as we begin to say goodbye to those who are graduating. Graduation itself was once simply called the “Spring Party,” a name that captures both transition and renewal.

Spring also heralds the **Seldin Symposium**, and this year we were treated to a remarkable lecture by [Dr. Michael Welsh](#). He traced the extraordinary arc from the discovery of the CFTR gene to the development of therapies that directly modulate the underlying defect. It was science not just as understanding, but as inspiration.

His presentation was interwoven with deeply moving patient stories serving as reminders that behind every pathway and protein is a life altered, a future reclaimed. People like him make science feel alive. They remind us that discovery is not an abstraction; it is a promise. He also offered a quiet but urgent plea that we protect science at a time when it feels increasingly vulnerable to misunderstanding and attack.

I hope you are noticing the fresh leaves on the trees, the blossoms, and the longer days. They are reminders that forward movement, quiet, persistent, and often unseen, is always underway.

Wishing all who celebrate a joyful Easter and a meaningful Passover.

Dino Kazi