

medicine minute

Tuesday, January 16, 2024

kudos

MEDIA

Williams Co-hosts Inaugural Podcast for Diabetes Journal



Kevin Williams, Ph.D., an Associate Professor in the Center for Hypothalamic Research, co-hosted the premiere episode of [DiabetesBio](#), the American Diabetes Association's monthly podcast for its flagship publication, *Diabetes*. In each episode, Dr. Williams and his co-hosts interview key authors of editor-selected feature articles and highlight research presented in the publication.

Dr. Williams holds a bachelor's degree in biology from the University of Texas at Dallas, where he graduated *cum laude*. He earned his doctorate in neuroscience at Tulane University in Louisiana. He then completed a postdoctoral fellowship in

hypothalamic research under **Joel Elmquist, D.V.M., Ph.D.**, at UT Southwestern. His research focuses on the underlying physiology of how neural circuits and signaling mechanisms in the brain regulate feeding behavior, energy expenditure, and glucose metabolism. A primary objective is to gain insights into the brain's potential as a therapeutic target for addressing the health challenges associated with obesity and diabetes.

Dr. Williams joined the UT Southwestern faculty in 2009.

To learn more about Dr. Williams' research, visit the [Williams Lab](#).

alumni news

LEADERSHIP

TMA President Champions Physician Advocacy



Rick Snyder, M.D., president of the Texas Medical Association, recently met with UT Southwestern medical students to discuss the importance of physician advocacy, healthcare policy, and patient access.

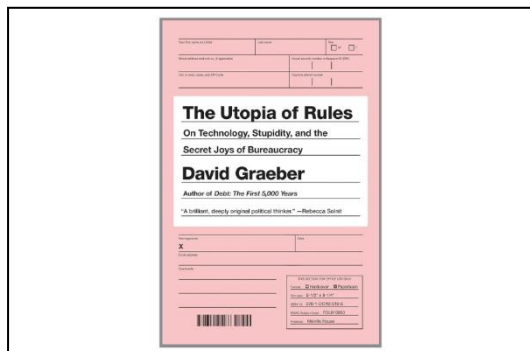
Originally from Dallas, Dr. Snyder graduated with honors from the University of Notre Dame. He earned his medical degree from UT Southwestern, where he also completed his residency in internal medicine and fellowship in cardiology. He is currently president of [HeartPlace](#), an independent cardiovascular group that includes 55 physicians throughout North Texas. A member of the Dallas County Health and

Human Services Public Health Advisory Committee, Dr. Snyder has also served as president of the Dallas County Medical Society.

in case you missed it

RECOMMENDED READING

In 'The Utopia of Rules,' David Graeber Explores the Origins and Evolution of Bureaucracy



"We have considerable but not unlimited freedom in the work we do," says **Salahuddin "Dino" Kazi, M.D.**, a Professor in the Division of Rheumatic Diseases, Vice Chair of Education, and Internal Medicine Residency Program Director.

"Paradoxically this freedom entails an increasing bureaucracy that catalogues, measures, analyzes and ultimately manages this freedom."

In his new book, *The Utopia of Rules: On Technology, Stupidity, and the Secret Joys of Bureaucracy*, David Graeber writes about "the culture of evaluation," saying it's "more pervasive in the hypercredentialed world of the professional

classes, where audit culture reigns, and nothing is real that cannot be quantified, tabulated, or entered into some interface or quarterly report."

To read Dr. Kazi's full review of Graeber's new book, *The Utopia of Rules*, click [here](#).

Articles and Videos Featuring Internal Medicine Colleagues

- [Studies Examine Different Responses to SARS-CoV-2 Variants](#) (Via UTSW Newsroom, with **Theodoros Kelesidis, M.D., Ph.D.**)
- [Lifesaving AEDs Are Being Increasingly Mandated Across States – But Bystanders Aren't Using Them, Study Finds](#) (Via ABC News, with **Ahmed Kolkailah, M.D.**)

this week

INTERNAL MEDICINE GRAND ROUNDS

Richard Baron to Discuss Medical Misinformation on Jan. 26



Richard J. Baron, M.D., President and CEO of the American Board of Internal Medicine, will present the [Internal Medicine Grand Rounds](#) lecture on **Friday, Jan. 26, at 8 a.m. in D1.502**. His topic: "Protecting the Legitimacy of Medical Expertise: Combating Misinformation in Medicine."

Dr. Baron earned his medical degree from Yale University and holds a degree in English from Harvard College. After completing house staff training at New York University-Bellevue Medical Center he served three years in the National Health Service Corps in Tennessee.

Dr. Baron practiced general internal medicine and geriatrics for almost 30 years at Greenhouse Internists, P.C., located in Philadelphia followed by service as Group Director of Seamless Care Models at the Centers for Medicare & Medicaid Services Innovation Center, where he led efforts related to accountable care organizations and primary care. Dr. Baron also served on the board of the National Quality Forum,

their Health Information Technology Advisory Committee, and the Standards Committee of the National Committee for Quality Assurance, until joining the federal government.

Noteworthy Lectures & Conferences

- **Tuesday, Jan. 16, Noon:** [Internal Medicine Research Conference](#) with **Dr. Kartik Rajagopalan** (Pulmonary & Critical Care Medicine) – “Defining Leptin’s Role in the Response to Influenza”
- **Tuesday, Jan. 16, Noon:** [Global Health Grand Rounds](#) with **Dr. Sawsan Rashdan** (Hematology & Oncology) – “Caring Through Chaos: Navigating Cancer Care During Wartime”
- **Tuesday, Jan. 16, 6 p.m.:** [Family & Community Medicine Grand Rounds](#) with **Dr. Eden Mae Rodriguez** (Palliative Care) – “Buprenorphine Use for Pain”
- **Wednesday, Jan. 17, 9 a.m.:** [Komen Distinguished Lecture Series](#) with **Dr. Jinming Gao** (Simmons Comprehensive Cancer Center) – “STINGing Tumors with Nanoparticles”
- **Wednesday, Jan. 17, Noon:** [Martin Luther King Jr. Commemorative Celebration](#) with **Dr. Michael Sorrell** (Paul Quinn College)
- **Wednesday, Jan. 17, Noon:** [Excellence in Immunology Lecture Series](#) with **Dr. Victor Engelhard** (University of Virginia) – “Cellular and Molecular Mechanisms Driving Development of Tertiary Lymphoid Structures in Cancer”
- **Wednesday, Jan. 17, 1 p.m.:** [Healthcare 2024: The 10 Themes that will Dominate Discussion](#) with **Don Taylor**
- **Friday, Jan. 19, 1 p.m.:** [Endocrine Grand Rounds](#) with **Dr. Jeffrey Zigman** (Endocrinology) – “Hormones in the Age of Artificial Intelligence”

[More Internal Medicine Events](#)

hot jobs in internal medicine

Looking for a new career opportunity? Check these job openings:

- [Senior Program Coordinator for Faculty Affairs](#) (Department Administration)
- [Administrative Associate](#) (Endocrinology)

on the horizon

NETWORKING

Faculty Development Workshop Scheduled for Feb. 27



Faculty members from the departments of Internal Medicine and Pediatrics will present a faculty development and networking workshop on **Tuesday, Feb. 27, from noon to 4 p.m. in the Faculty Club**. The workshop, “A Rich Life: How to Thrive in Your Academic Career,” will focus on clinician and clinician-educator faculty who are in their first seven to 10 years of service.

Led by **Jessica Moreland, M.D.**, a Professor of Microbiology and Pediatrics and Associate Dean for Faculty Development, and **Suzanne Farmer, Ph.D.**, Assistant Vice President for Organizational Development and Training, the workshop will

include an overview of faculty development programs and resources, a faculty panel representing a diverse range of career journeys, and breakout sessions with faculty facilitators.

To register for the workshop, click [here](#).

save the date

WELLNESS

Faculty Retreat Scheduled for June 7



The Office of Faculty Wellness will host its second annual Faculty Wellness Retreat on **Friday, June 7 from 8 a.m. to 5 p.m.** at Pegasus Park. The in-person event will focus on maximizing professional efficiency, and will feature workshops, facilitated discussions, and networking opportunities to advance a culture of wellness at UT Southwestern.

Jody Hoffer Gittel, Ph.D., a Professor of Management at Brandeis University's Heller School for Policy and Management, will present the keynote address.

Dr. Hoffer Gittel is internationally recognized for having developed the Relational Coordination Theory, which proposes that highly interdependent work is most effectively coordinated through networks of shared goals, shared knowledge, and mutual respect, supported by frequent, timely, accurate, problem-solving communication. She is the author of *High-Performance Healthcare: Using the Power of Relationships to Achieve Quality, Efficiency and Resilience*.

reminders

CELEBRATION OF LIFE

Event Honoring Nick Stepaniak to be Held on Jan. 20

The family of Nick Stepaniak invites those who knew him to a Celebration of Life on **Saturday, Jan. 20, from 2 to 5 p.m.** at [Shenanigans Rockwall](#), located at 1290 I-30 in Rockwall. Appetizers will be provided.

Look for the next *Medicine Minute* on **Tuesday, Jan. 23**.

Share feedback and news items with us at IMNews@UTSouthwestern.edu

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