

medicine minute

Tuesday, February 6, 2024

kudos

PUBLICATIONS

Abramowitz, Drobycki Co-author Chapter on Postpartum Diabetes



Jessica Abramowitz, M.D., an Associate Professor in the Division of Endocrinology, and **Nancy Drobycki, M.S.N., RN**, a Certified Diabetes Care and Education Specialist and Coordinator of the Diabetes Management Program, have co-authored "[Postpartum Diabetes Management](#)," a chapter in *Diabetes Management in Hospitalized Patients: A Comprehensive Clinical Guide*, published by Springer Link.

"There is a paucity of literature and guidelines focusing on diabetes care and management in the postpartum period," Dr. Abramowitz says. "We discuss postpartum physiology, glucose monitoring, medication management, insulin

management, lifestyle interventions, lactation, postpartum screening, and care delivery between pregnancies."

Recognized by the American Diabetes Association, UT Southwestern's Diabetes Management Program includes faculty physicians, advance practice nurses, and diabetes educators. In 2023, the program served more than 900 new patients. For patients in the program, the hospital readmission rate within 30 days of discharge was 2.7 percent versus 10 percent for those who did not receive diabetes self-management education.

"Seventeen percent of the population we serve has gestational diabetes or pre-existing diabetes in pregnancy," Dr. Abramowitz says. "But people with diabetes who have had at least one visit for diabetes self-management education at UT Southwestern show an average A1C reduction of 1 percent within three to six months after their initial education visit."

HOUSE CALLS

COVE Team Joins with Ambulatory Float Nurses to Administer Vaccines



Members of UT Southwestern's Care of the Vulnerable Elderly (COVE) program team joined the Ambulatory Float nursing team to administer flu vaccinations to 121 homebound patients and COVID vaccinations for more than 80, according to **Namirah Jamshed, M.D.**, an Associate Professor in the Division of Geriatric Medicine, Director of the Geriatric Medicine Fellowship program, and Medical Director of COVE.

"This was a successful effort organized by Daniel Alemayehu, our Director of Primary Care Programs," Dr. Jamshed says.

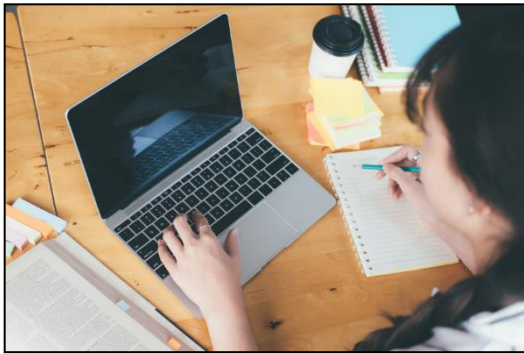
“He ensured our House Calls patients received their vaccines in a timely way in the comfort of their own homes. Plus, there was high patient satisfaction with this process, which ensured that the vaccine administration met UT Southwestern standards.”

Dr. Jamshed holds the Professorship in Geriatric Medicine, in Honor of Vivienne Roche, M.D.

need to know

GRANT WRITING

Master the R Series Bootcamp Scheduled for March



Those who are actively writing an RO1 or similar submission for an upcoming grant deadline and the people who advise them can participate in the Master the R Series Bootcamp, a four-part series presented during the **Fridays of March from 3 to 5 p.m.** (local time). The series will be provided free-of-charge through the Bouvier Grant Group and will be recorded so participants can stay on schedule.

Attendees will learn preparatory strategies and tips for writing an effective funded Aims page; understand the difference between the Significance and Innovation sections; and receive advice on writing a winning Approach section.

To register, click [here](#). For more details, click [here](#).

in case you missed it

BLOGS

Khera Discusses Cardio-Kidney-Metabolic Syndrome



Amit Khera, M.D., a Professor in the Division of Cardiology and Director of the Preventive Cardiology Program, described a new condition called cardio-kidney-metabolic syndrome (CMK) in his latest post on UT Southwestern's *MedBlog*.

“For decades, doctors, and scientists have gathered evidence that four cardiometabolic conditions are intertwined: obesity, heart disease, diabetes, and chronic kidney disease. Providers have historically had to approach this web of conditions by separating the sum into its parts – spotting and treating the individual diseases separately, often after damage had been done to the patient's heart and kidneys. This fragmented

approach brought the previously declining U.S. cardiovascular death rate to a halt and let slip through the cracks thousands of heart attacks, strokes, and cases of kidney failure each year – cases that could have been prevented with guardrails to identify and address the four conditions collectively. Fast forward to 2023, and that need is finally being fulfilled.”

Dr. Khera holds the Dallas Heart Ball Chair in Hypertension and Heart Disease. To read more of his blog post, click [here](#).

Articles and Videos Featuring Internal Medicine Colleagues

- [Why Rheumatologists Should Avoid Alternate Pathways for Recertification/Maintenance of Certification](#) (Via Rheumatology Advisor, with **Salahuddin Kazi, M.D.**)
- [Devise a Dietary Game Plan for Super Bowl Parties](#) (Via UTSW Newsroom, with **Bethany Agusala, M.D.**)

- [New Options at Dallas Food Pantry Boost Food Security](#) (Via UTSW Newsroom, with **Michael Bowen, M.D.**, and **Jaclyn Albin, M.D.**)

this week

ADMINISTRATION

Department Forum Scheduled for Feb. 9



Thomas Wang, M.D., Professor and Chair of Internal Medicine, will conduct a Department Forum on **Friday, Feb. 9, at 8 a.m. in D1.502 and on Zoom.**

All faculty, staff, and trainees are invited to participate in the in-person and virtual event. Breakfast burritos, coffee, and juices will be available to in-person attendees.

Noteworthy Lectures & Events

- **Tuesday, Feb. 6, Noon:** [Pathology Seminar Series](#) with **Dr. Zachary T. Schafer** (University of Notre Dame) – “The Regulation of Cancer Cell Metabolism & Death by Extracellular Matrix Attachment”
- **Wednesday, Feb. 7, 8 a.m.:** [Geriatrics Grand Rounds](#) with **Dr. Thomas Dalton** (Geriatric Medicine) – “Diagnostic Errors: Hidden Menace or Hyperbole?”
- **Wednesday, Feb. 7, 11 a.m.:** [Lunar New Year Luncheon in the Clements University Hospital dining hall](#), sponsored by the **Asian-Pacific Islander Alliance BRG**
- **Thursday, Feb. 8, Noon:** [Renal Grand Rounds](#) with **Dr. Donald Wesson** (Dell School of Medicine) – “Diet-induced Acid Stress and Progression of CKD”
- **Thursday, Feb. 8, 4 p.m.:** [CTSA Program Writing Workshop](#) with **Dr. Susan Marriott** (Baylor College of Medicine) – “High Impact Science Writing”
- **Friday, Feb. 9, Noon:** [Hematology & Oncology Grand Rounds](#) with **Dr. Sanjay Chandrasekaran** (Hematology & Oncology) – “Advances in Uveal Melanoma”
- **Friday, Feb. 9, 1 p.m.:** [Endocrine Grand Rounds](#) with **Dr. James Findling** (Medical College of Wisconsin) – “Adrenal Insufficiency: Challenges in the Diagnosis and Management of the Real AI”
- **Monday, Feb. 12, Noon:** [Black History Month Celebration](#) with **Opal Lee** in conversation with **Dr. Shawna Nesbitt** and remarks by **Dr. Daniel Podolsky**



Internal Medicine Events Calendar

[Click to view additional events](#)

reminders

NETWORKING

Faculty Development Workshop Scheduled for Feb. 27

Faculty members from the departments of Internal Medicine and Pediatrics will present a faculty development and networking workshop on **Tuesday, Feb. 27, from noon to 4 p.m. in the Faculty Club.** The workshop, “A Rich Life: How to Thrive in Your Academic Career,” will focus on clinician and clinician-educator faculty who are in their first seven to 10 years of service.

Led by **Jessica Moreland, M.D.**, a Professor of Microbiology and Pediatrics and Associate Dean for Faculty Development, and **Suzanne Farmer, Ph.D.**, Assistant Vice President for Organizational Development and Training, the workshop will include an overview of faculty development programs and resources, a faculty panel representing a diverse range of career journeys, and breakout sessions with faculty facilitators.

To register for the workshop, click [here](#).

Look for the next *Medicine Minute* on **Tuesday, Feb. 13**.
Share feedback and news items with us at IMNews@UTSouthwestern.edu

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