

medicine minute

Tuesday, August 20, 2024

kudos

SOUTHWESTERN ACADEMY OF TEACHERS

Syed Becomes SWAT Member



Samira Syed, M.D., an Associate Professor in the Division of Hematology and Oncology, has been elected to the Southwestern Academy of Teachers (SWAT), in recognition of her “excellence as a dedicated teacher.”

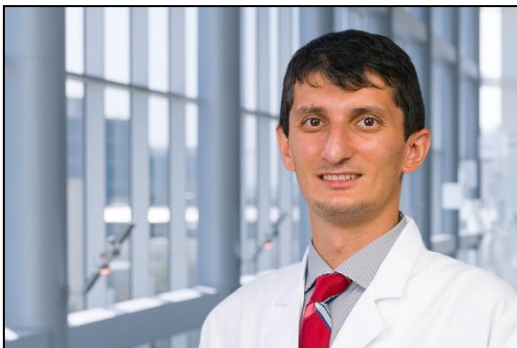
Originally from Karachi, Pakistan, Dr. Syed received her medical degree from the Aga Khan University Medical College in Karachi. She then completed internal medicine residency training at Baylor College of Medicine in Houston, Texas. She received advanced training through a fellowship in hematology at Baylor College of Medicine and MD Anderson Cancer Center in Houston. She then completed a fellowship in medical

oncology with an emphasis on the treatment of solid tumors and Phase 1 clinical trials at UT Health Science Center San Antonio.

Dr. Syed joined the UT Southwestern faculty in 2012.

GLOBAL IMPACT

Bone Marrow Failure Group Joins Two International Consortia



UT Southwestern’s Bone Marrow Failure group has joined the International PNH (paroxysmal nocturnal hemoglobinuria) Interest Group and an international consortium focused on aplastic anemia.

“Through our involvement in these consortia, we will gain access to valuable resources, research opportunities, clinical trials, and numerous collaborative initiatives,” says **Taha Bat, M.D.**, an Assistant Professor in the Division of Hematology and Oncology and leader of the group. “We are honored to be part of this effort alongside esteemed institutions such as the National Institutes of Health, Dana-Farber Cancer Institute,

Cleveland Clinic, and Moffitt Cancer Center.”

Dr. Bat says part of the mission of the Bone Marrow Failure group is to cultivate and support new hematologists.

“Our interest group has more than 30 trainees who are learning about rare hematologic disorders by shadowing hematologists, socializing with them, and participating in robust research,” Dr. Bat says. “We

want to give a big shout-out to our dedicated team, including Kasia Harrah, our research coordinator, our exceptional multidisciplinary team, and our student interest group.”

research roundup

PUBLICATIONS

Lingvay, Colleagues Discuss Underutilization of Obesity Treatments



Ildiko Lingvay, M.D., M.P.H., M.S.C.S., a Professor in the Division of Endocrinology, and colleagues published an article in [The Lancet](#) about “Obesity in Adults,” in which they discussed the current landscape of obesity treatment, including lifestyle and behavioral interventions, pharmacologic agents, and bariatric (metabolic) surgery.

“Obesity is a complex, heterogeneous, chronic, and progressive disease, which substantially affects health, quality of life, and mortality,” the authors write. “However, all treatment approaches to obesity have been vastly underutilized.”

A clinical investigator in the field of diabetes, obesity, and associated metabolic complications, Dr. Lingvay leads an active clinical research program in the Division of Endocrinology. She has led multiple multinational clinical trials, published more than 180 manuscripts in high-impact journals, and is a sought-after presenter nationally and internationally. Dr. Lingvay currently serves on the Professional Practice Committee and authors the American Diabetes Association’s Standard of Care for Diabetes.

Dr. Lingvay joined the UT Southwestern faculty in 2005 after completing her endocrinology fellowship here.

education and training

ARTIFICIAL INTELLIGENCE

Faculty Invited to Join Residents in AI Interest Group



Considering the rapid advancements in the use of artificial intelligence (AI), the Internal Medicine Residency is forming an Artificial Intelligence (AI) Interest group to explore how AI technologies are currently being integrated into clinical medicine.

“We hope that this interest group can provide a space for clinicians and healthcare leaders to learn about ongoing developments and foster engagement in new opportunities to utilize AI for healthcare innovation,” says **Salahuddin “Dino” Kazi, M.D.**, a Professor in the Division of Rheumatic Diseases, Vice Chair of Education, and Residency Program Director.

“This interest group hopes to host journal club events throughout the year and engage in quality improvement projects across our hospital system.”

Faculty who are interested in participating can register [here](#) to receive announcements about upcoming event.



Internal Medicine News Portal
Click for more Department news and updates

in case you missed it

FROM THE NEWSROOM

Work on Fatless Mice Reveals Key Role of Fat-synthesizing Enzyme



Abhimanyu Garg, M.D. (pictured left), and **Anil Agarwal, Ph.D.**, both Professors in the Division of Endocrinology, have found that reintroducing a missing protein into the cells of fatless mice can partially reverse the fat storage disorder known as lipodystrophy and enhance metabolism. These findings could potentially lead to new treatments for some patients with Type 2 diabetes who experience abnormal body fat distribution.

Dr. Garg holds the Distinguished Chair in Human Nutrition Research. He serves as the Director of Metabolic Diseases in the [Center for Human Nutrition](#).

To read the story in Center Times Plus, click [here](#).

Articles and Videos Featuring Internal Medicine Colleagues

- [Fecal Transplants: Separating Hype from Reality](#) (Via MedBlog, with **Ngozi Enwerem, M.D.**)
- [ApoB Test may be More Accurate Measure of Heart Disease Risk](#) (Via UTSW Newsroom, with **Ann Marie Navar, M.D., Ph.D.**, and **Eric Peterson, M.D., M.P.H.**)

need to know

REPUTATION MANAGEMENT

Administration Staff Provides Faculty Profile Support

An essential element in the Department's Communications and Marketing strategy is reputation management. Support is available for faculty members in managing their academic and clinical profiles. Service includes crafting biographies in alignment with the Department's template, updating award and honors to reflect distinguished achievements, refreshing the list of publications to include recent scholarly contributions, adding research interests along with pertinent links to encourage collaborative endeavors, maintaining current affiliations and associations, revising administrative titles, certifications and accomplishments to accurately represent credentials, and facilitating any additional updates as necessary to ensure that profiles are comprehensive and current.

To begin the process, submit an [Internal Medicine Service ticket](#) and select Faculty Profile Request.

this week

HEALTH EQUITY SPEAKER SERIES

Nguyen to Speak about Refugee Healthcare on Aug. 21



The [Internal Medicine Health Equity Committee summer lecture series](#) concludes on **Wednesday, Aug. 21, at noon**, with a presentation by **Stephanie Nguyen, D.O.**, a Family Medicine Staff Physician at Parkland Health. Her topic: “Refugee Healthcare at Parkland.”

Dr. Nguyen holds a bachelor's degree in ecology and evolutionary biology from the University of Michigan, where she also earned a master's degree in hospital and molecular epidemiology. She received her medical degree at UNT Health Science Center and completed family medicine residency training at UT Southwestern, where she also served as Chief

Resident.

She focuses on serving underserved and marginalized populations, with a goal of not only treating and managing health conditions but also addressing the social determinants of health to improve health outcomes and health equity.

Dr. Nguyen joined the physician staff at Parkland Hospital in 2021.

To join the lecture via Zoom, click [here](#). Meeting ID: 992 7383 1059 Meeting Code: 277098

INTERNAL MEDICINE GRAND ROUNDS

Wang to Discuss Management of Advanced Melanoma on Aug. 23



Daniel Wang, M.D., an Assistant Professor in the Division of Hematology and Oncology, will present the [Internal Medicine Grand Rounds](#) lecture on **Friday, Aug. 23, at 8 a.m. in D1.502**. His topic: “Beyond Checkpoints: Evolving Management of Advanced Melanoma.”

Dr. Wang holds a bachelor's degree from Rice University in Houston. He earned his medical degree and completed internal medicine residency training at Baylor College of Medicine in Houston. He then completed advanced training through a fellowship in hematology and oncology at Vanderbilt University in Nashville.

Dr. Wang joined the UT Southwestern faculty in 2023. His research interests include t-cell function, colorectal cancer, melanoma, and immunotherapy.

Noteworthy Lectures & Conferences

- **Wednesday, Aug. 21, 7 a.m.:** [Ob/Gyn Grand Rounds](#) with **Dr. Lesley Conrad** (Obstetrics and Gynecology) – “Surgical Innovation in Gynecologic Cancer”
- **Wednesday, Aug. 21, 8 a.m.:** [Infectious Diseases & Geographic Medicine Grand Rounds](#) with **Drs. Brad Cutrell, Helen King and Reuben Arasaratnam** (Infectious Diseases & Geographic Medicine) – “Holistic Review Process”
- **Thursday, Aug. 22, Noon:** [Renal Grand Rounds](#) with **Dr. Khashayar Sakahee** (Internal Medicine) – “CKD-MBD II”
- **Friday, Aug. 23, Noon:** [Hematology & Oncology Grand Rounds](#) with **Dr. Nasser Hanna** (Indiana University) – “How We Will End the Lung Cancer Epidemic in the U.S.”



Internal Medicine Events Calendar

[Click to view additional events](#)

reminders

COMMUNITY ENGAGEMENT

Weight Wellness Day Scheduled for Sept. 14



Weight Wellness Day, a free community event sponsored by the UT Southwestern Nutrition and Obesity Research Center, is scheduled for **Saturday, Sept. 14, from 9 a.m. to 3 p.m. in ND14.**

UT Southwestern physicians, researchers, advanced practice providers, and nurses will lead talks during the event. Attendees also can speak informally with experts at information stations. Numerous medical discoveries and facts will be explored.

The event is open to UT Southwestern employees, patients, family members, and friends.

A free lunch will be provided. To register for the event, click [here](#).

UNIVERSITY EVENTS

New Faculty Research Forum Scheduled for Sept. 24



Frankie Heyward, Ph.D., and Kartik Rajagopalan, M.D., Ph.D., are among 14 recently appointed Assistant Professors representing 11 departments and two schools who will present an overview of their work at the [New Faculty Research Forum](#) on **Tuesday, Sept. 24, from 10 a.m. to 3:30 p.m.** in the T. Boone Pickens Conference Center (NG3.112).

Dr. Heyward, an Assistant Professor in the Center for Hypothalamic Research, and Dr. Rajagopalan, an Assistant Professor in the Division of Pulmonary and Critical Care Medicine, are scheduled to speak during Session 4, from 2:20 to 3:20 p.m.

To view the complete program, click [here](#). Lunch will be provided for early registrants. To register for the event, click [here](#).

one last thing

CONTINUING MEDICAL EDUCATION

Ahmad, Colleagues to Present Triglycerides Course on Sept. 6



Zahid Ahmad, M.D., an Associate Professor in the Division of Endocrinology, is chairing a one-day master's level course designed to address knowledge, competence, and practice gaps in managing hypertriglyceridemia and its associated pathophysiological manifestation and to provide participants improved proficiency on the complexities of severe hypertriglyceridemia, and targets of therapy.

The hybrid event, "Mastering Triglyceride Science," will be presented by the National Lipid Society on **Friday, Sept. 6, at the Omni Dallas.**

Additional UTSW faculty include **Abhimanyu Garg, M.D.**, a Professor in the Division of Endocrinology and Director of Nutrition and Metabolic Diseases, and **Nivedita Patni, M.D.**, an Assistant Professor of Pediatrics and Director of the Pediatric Endocrinology Fellowship.

To learn more about the course and to register, click [here](#).

Look for the next *Medicine Minute* on **Tuesday, Aug. 27, 2024.**
Share feedback and news items with us at IMNews@UTSouthwestern.edu

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