

medicine minute

Tuesday, November 19, 2024

happening today

IN REMEMBRANCE

Memorial Service for Dr. Sharon Reimold Announced



A memorial service for **Dr. Sharon Reimold** is scheduled for tonight, **Tuesday, Nov. 19, from 6 to 8 p.m. at the Skillman/Hillcrest Funeral Home**, located at 7405 W. Northwest Highway in Dallas.

Dr. Reimold, a longtime faculty member in the Division of Cardiology who also served as Vice Chair of Clinical Operations and Vice Chair of Faculty Development, died on Wednesday, Nov. 13.

She is survived by her husband of 34 years, **Dr. Andreas Reimold**, a Professor in the Division of Rheumatology, and

their two children, Nicholas and Kim.

Memorial contributions may be directed to UT Southwestern Medical Center, P.O. Box 910888, Dallas, TX 75391-0888 or online at engage.utsouthwestern.edu.

To read the Department's remembrance of Dr. Reimold, click [here](#).

kudos

HONORS

Physicians Recognized for Clinical Service at Parkland



Sixteen physicians with primary or secondary appointments in Internal Medicine were nominated for Parkland Memorial Hospital's Physician of the Year among 50 nominees overall. Of those, **Joseph Lockridge, M.D.**, an Associate Professor in the Division of Nephrology and Medical Director of Parkland Health's Kidney Transplant Program received honorable mention.

Dr. Lockridge holds a bachelor's degree in economics from the University of Dallas. He earned his medical degree at the University of Texas Health Science Center at Houston and completed internal medicine residency training at UT

Southwestern. He then received advanced training through a fellowship in nephrology at the University of California, San Francisco, and a fellowship in transplant nephrology at Stanford Hospital and Clinics in

Palo Alto, California. He joined the UT Southwestern faculty in 2022 after serving on the faculty of Oregon Health and Science University in Portland.

ACHIEVEMENTS

Newcomer to Receive Distinguished Physician Award



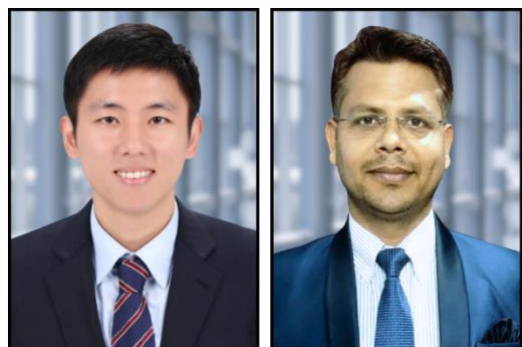
Kelley Newcomer, M.D., an Assistant Professor in the Palliative Medicine Section of the Division of General Internal Medicine, has been selected to receive the Josefina B. Mango Distinguished Hospice Physician Award from the American Academy of Hospice and Palliative Medicine. The award recognizes hospice physicians who provide high-quality care and demonstrate exceptional dedication to palliative medicine.

Originally from Dallas, Dr. Newcomer holds a bachelor's degree in music from the University of Texas at Austin. She earned her medical degree at UT Southwestern Medical Center and completed a residency in internal medicine at

Texas Health Presbyterian Hospital Dallas. She joined the UT Southwestern faculty in 2016.

RECOGNITION

Hwang, Singh Honored at Obesity Society Meeting



Eunsang Hwang, Ph.D., left, a postdoctoral fellow in the Kevin Williams Lab, received the Ethan Sims Young Investigator Award at The Obesity Society meeting in San Antonio earlier this month. Dr. Hwang presented his research on the role of GLP-1 in enhancing pre-ingestive satiation via hypothalamic circuits in both mice and humans.

"I am honored to have been selected for this prestigious award," Dr. Hwang says. "I would like to thank all my collaborators and the members of the Center for Hypothalamic Research, whose support has been instrumental in making this achievement possible."

Additionally, **Omprakash Singh, Ph.D.**, right, a postdoctoral fellow in the Jeffrey Zigman Lab, was also recognized as a finalist for the Ethan Sims Young Investigator Award. With two finalists this year, UT Southwestern was the only institution with multiple nominees, highlighting the strength of our research community.

To learn more about Dr. Williams' research, visit the [Williams Lab site](#).

To learn more about Dr. Zigman's research, visit the [Zigman Lab site](#).

PUBLICATIONS

Makris and Colleagues: Rheumatologists Should Learn from Geriatricians



As the global population ages, the rheumatology workforce must be ready to address the complex needs of older patients, says **Una Makris, M.D., M.S.C.S.**, and colleagues, in an [article published in *The Lancet Rheumatology*](#).

“There is an urgent need to understand the unique aspects of older adults with rheumatic diseases and to adapt our approaches to optimally manage the complexity of older adults,” the authors say.

In an accompanying [profile](#), Dr. Makris says the one-size-fits-all approach to managing older adults that dominated practice

in the 2010s needs to be replaced by the “5Ms of Geriatrics,” a conceptual framework promoted by the American Geriatric Society: Multicomplexity (assessing and managing multimorbidity and challenging biopsychosocial situations); medications (ensuring that medications do not interfere with the other Ms); mind (managing neurocognitive disorders and comorbid mental health conditions); mobility (ensuring older adults can move independently and safely); and what matters most (aligning care with an older adult’s specific goals).

“We present several ways to identify our own biases towards age and engage in activities that ultimately might lead to change around ageism in our rheumatology community and implementing new policies,” the authors say in an accompanying [commentary](#). “Although ageism indicates biases towards young or old people, the effect of inequity of health-care delivery is perhaps greater for older adults possibly due to ageist biases of health-care providers.”

education and training

INFLUENCERS

Kazi Debates Time-Fixed Fellowship Training at Rheumatology Meeting



Should rheumatology fellowship training be *time-variable*—based on competency—or remain *time-fixed* as it is now?

Salahuddin “Dino” Kazi, M.D., a Professor in the Division of Rheumatic Diseases, Vice Chair of Education, and Director of the Internal Medicine Residency, was invited to argue for time-fixed training during a debate at the American College of Rheumatology’s annual meeting in Washington, D.C.

“I was challenged to take a position that counters the growing idea that time required to attain competency varies among trainees, potentially allowing early graduation or conversely, extending training based on individual progress,” Dr. Kazi

says. “The argument for competency-based time variable training is that trainees deemed ‘ready’ should transition to independent practice without unnecessary delays. Some residencies are already testing this model, allowing ‘competent’ residents to function autonomously—managing patients without attending oversight. I’ve often observed how capable many of our residents are, fully prepared to lead teams and independently craft thorough assessments and plans in the outpatient setting.”

In advocating for time-fixed training, Dr. Kazi highlighted significant regulatory and logistical challenges. Academic calendars, residency program application and matching timelines, and the structure of medical education make variable entry and exit points daunting.

“Imagine the disruption if a third of residents graduated early—how might that affect those still in training?” he asks. “Then, there’s the binary nature of ‘competency’—can it always be clearly defined as ‘competent’ or ‘not yet competent’? Research on [competency-based medical education](#) (CBME) has yielded mixed results, suggesting the need for more robust tools to measure competency reliably. Plus, there’s the value

of 'dwell time'—the period after competency is achieved but during which further contextual learning and professional growth occur.”

Dr. Kazi’s takeaway from the debate exercise?

“This experience reinforced the need to refine and study CBME constructs and measurement tools.”

personnel updates

ADMINISTRATION

Valero Appointed Program Coordinator for Vascular Medicine



Anissa Valero has accepted a position as Program Coordinator for the new Division of Vascular Medicine.

Previously, she served as an Administrative Associate in the Division of Cardiology. In her new role, she will support the faculty and manage operations in the growing division.

Originally from Dallas, Ms. Valero served in progressive administrative roles over 10 years at UT Southwestern, from Administrative Assistant in the Division of Hospital Medicine, where she was promoted to Sr. Administrative Assistant, to Sr. Administrative Assistant II in the Division of Cardiology.

“In my new role, I’m excited to build a culture of collaboration, fostering innovation and contributing to the Division of Vascular Medicine’s overall success,” she says. “I’m so grateful for the support I’ve received from my colleagues and peers during this transition and very much looking forward to what lies ahead!”



Internal Medicine News Portal
Click for more Department news and updates

in case you missed it

RECOGNITION

Implementation Research Director Named AHA Distinguished Scientist



Jiang He, M.D., M.S., Ph.D., a Professor and Director of Implementation Research in the Department of Internal Medicine, has been named a 2024 recipient of the American Heart Association’s (AHA) Distinguished Scientist Award for his pioneering research on cardiometabolic diseases, including heart disease, stroke, obesity, Type 2 diabetes, hypertension, dyslipidemia, and chronic kidney disease.

Dr. He is also a Professor and Chair Designate of the Department of Epidemiology, which will launch in January in the O’Donnell School of Public Health.

Dr. He also was inducted into the [National Academy of Medicine](#) in October “for transforming cardiovascular disease prevention efforts worldwide.”

“I deeply appreciate all the help from my mentors, colleagues, trainees, and family that has made this work possible,” Dr. He said. “My wife is a Professor of Internal Medicine, a clinical researcher, and a dedicated

collaborator. My son will soon graduate from medical school, and I hope he becomes a physician-scientist. Many thanks to my supportive family, who understand and tolerate my long working hours.”

Dr. He holds the S. Roger and Carolyn P. Horchow Chair in Cardiac Research, in Honor of Jere H. Mitchell, M.D.

To read more, see the [article in the UTSW Newsroom](#).

need to know

SOCIAL MEDIA

New Security Measures for UTSW-branded Accounts

All campus-affiliated social media accounts are being migrated into Sprout Social, a tool that will help the university’s social media team track security risks and ensure that all communications reflect the integrity and values of UT Southwestern. **This initiative is mandatory** and supported by the Office of Compliance and the Office of Communications, Marketing, and Public Affairs (CMPA).

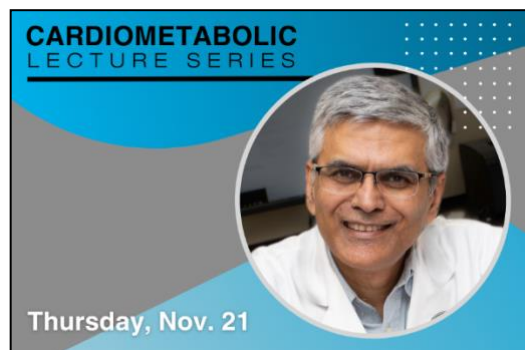
Social media is often the primary source of health care information for patients and the public, making it essential that UTSW-branded accounts are monitored, and security risks are identified and addressed quickly.

If you manage a UTSW-branded social media account, submit [this form](#) with your contact information and the accounts you manage. The social media team will contact you about next steps. Your cooperation will help strengthen our social media security and protect our reputation. If you have questions, contact the [social media team](#).

this week

CARDIOMETABOLIC LECTURE SERIES

Nephrologist Agarwal to Discuss Protecting the Heart During Kidney Treatment



Rajiv Agarwal, M.B.B.S., a Professor Emeritus of Medicine at Indiana University School of Medicine and a nephrologist practicing at the Roudebush VA Medical Center, will speak as part of the [Cardiometabolic Lecture Series](#) on **Thursday, Nov. 21, at noon in D1.602**. His topic: “Treating the Kidney, Protecting the Heart: What is the Evidence?”

Dr. Agarwal earned his medical degree from the All-India Institute of Medical Sciences in New Delhi and completed his Nephrology fellowship at UT Southwestern Medical Center. He has authored over 450 research papers and reviews and has delivered lectures at numerous prestigious events and

institutions, both nationally and internationally. His key contributions are in hypertension in chronic kidney disease, particularly in patients on hemodialysis.

INTERNAL MEDICINE GRAND ROUNDS

Reddy to Discuss Breast Cancer Immunotherapy



Sangeetha Reddy, M.D., an Assistant Professor in the Division of Hematology and Oncology, will present the [Internal Medicine Grand Rounds](#) lecture on **Friday, November 22, at 8 a.m. in D1.502**. Her topic: “New Frontiers in Breast Cancer Immunotherapy.”

Originally from Baltimore, Dr. Reddy holds a bachelor’s degree in biochemical sciences from Harvard University. She earned her medical degree at the University of California Los Angeles Geffen School of Medicine and received internal medicine residency training at McGaw Medical Center of Northwestern University in Chicago, where she obtained a master’s degree

in clinical science. She then completed advanced training through a fellowship in medical hematology and oncology at The University of Texas MD Anderson Cancer Center in Houston. She joined the UT Southwestern faculty in 2019.

INTERNAL MEDICINE RESEARCH CONFERENCE

UC San Diego’s Ghosh to Speak About Innovation in Medicine



Pradipta Ghosh, M.D., a Professor of Medicine at the University of California San Diego, will present the [Internal Medicine Research Conference](#) on **Friday, Nov. 22, at noon in D1.502**. Her topic: “It Looks Like We’re in a Golden Age for Medicine: An Era of Astonishing Innovation—Limits of Which Aren’t Clear Yet.”

Originally from India, Dr. Ghosh received her medical education at Christian Medical College Vellore in Tamil Nadu. She completed internal medicine residency training, followed by gastroenterology fellowship training, at the University of California San Diego, where she also conducted postdoctoral

research under the mentorship of Marilyn Farquhar, Ph.D.

Dr. Ghosh's research focuses on cellular communication networks. Her [research lab](#) has made major strides in understanding how intracellular heterotrimeric G-proteins are regulated by a novel family of guanine-nucleotide exchange modulators (GEMs), independently of traditional G-protein-coupled receptors (GPCRs). This groundbreaking research has uncovered new mechanisms of cell signaling with implications for chronic diseases such as cancer, fibrosis, immunologic and metabolic disorders. Her contributions have provided key insights into how intracellular communication is disrupted in disease—a conceptual breakthrough after prior attempts to unravel this network had failed.

Noteworthy Lectures & Conferences

- **Tuesday, Nov. 19, 8 a.m.:** [Infectious Diseases Grand Rounds](#) with **Dr. Daniel Stanton** (University of Texas Medical Branch, Galveston) – “High Yield EMR Investment Strategies for Infectious Diseases”
- **Tuesday, Nov. 19, Noon:** [Palliative Care Week Presentation](#) with **Lindsay Lev** and **Christina Stock** – “Music Therapy in Palliative Care”
- **Wednesday, Nov. 20, Noon.:** [Palliative Care Week Presentation](#) with **Maddy Kroll**, **Kelsi Hildreth** and **Erica Smith** – “What is Child Life?”
- **Thursday, Nov. 21, 8 a.m.:** [Infectious Diseases Grand Rounds](#) with **Dr. Christina Yek** (National Institutes of Health) – “Genomics to Track Pathogen Evolution and Transmission in Cambodia: Case Studies of Dengue, Influenza, and Melioidosis”
- **Thursday, Nov. 21, Noon:** [Palliative Care Week Presentation](#) with **Stacy Sayre**, **Neke Webb Bias** and **Emmanuel Varghese** – “Navigating Palliative Care and Hospice Needs at Discharge”

- **Friday, Nov. 22, Noon and 12:30 p.m.:** [Palliative Care Week Presentation](#) with **Joscelyne Dracca** – “Pain Management Quick Hits”
- **Friday, Nov. 22, 1 p.m.:** [Endocrine Grand Rounds](#) with **Dr. Jessica Abramowitz** – “Transgender Medicine: Endocrine Considerations”



Internal Medicine Events Calendar

[Click to view additional events](#)

Look for the next *Medicine Minute* on **Tuesday, Nov. 26, 2024.**
Share feedback and news items with us at IMNews@UTSouthwestern.edu

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