

Flu Season/COVID-19 Employee/Student Grid

Symptoms	Stay at Home	If at Work When Symptoms Begin	Return to Work
Fever Defined as temperature higher than 100.4 degrees Fahrenheit	If your fever is higher than 100.4 Fahrenheit	If your fever is > 100.4 F: ☐ Stop patient activities ☐ Notify your supervisor ☐ Go home	When you have been fever free for 24 hours without taking fever reducing medication such as Tylenol or Motrin
Symptoms without fever ☐ Cough ☐ Sore throat ☐ Nasal congestion/runny nose ☐ Myalgia (body aches)	If you work on a high-risk unit* or with immunocompromised patients and have <u>ONE or more</u> symptoms from the left column OR If you work on another unit and have <u>TWO or more</u> symptoms from the left column	If you work on a high-risk unit* or with immunocompromised patients and have <u>ONE or more</u> of the symptoms from the left column OR work on another unit and have <u>TWO or more</u> symptoms from the left column: ☐ _____ Stop patient activities ☐ Don mask ☐ Notify supervisor ☐ Go home	>24 hours after onset of symptoms AND Symptoms have significantly improved Wear a mask if you have residual symptoms. Practice cough etiquette, hand and respiratory hygiene.
Symptoms with fever (Presumed influenza) ☐ Fever > 100.4° F ☐ Cough ☐ Sore throat ☐ Nasal congestion/runny nose ☐ Myalgia (body aches)	If you have had a positive flu test OR If your temperature is higher than 100.4 degrees Fahrenheit and you have at least <u>one</u> of the symptoms from the left column	If you have a fever > 100.4 F and have at least <u>ONE</u> of the symptoms to the left: ☐ Stop patient activities ☐ Don mask ☐ Notify supervisor ☐ Go Home	Isolate until you have been fever free for 24 hrs. without taking fever reducing medication AND Symptoms have significantly improved Wear a mask if you have residual symptoms. Practice cough etiquette, hand and respiratory hygiene.
Symptoms with or without fever due to COVID-19 ☐ Fever > 100.4° F ☐ Cough ☐ Sore throat ☐ Nasal congestion/runny nose ☐ Myalgia (body aches)	If you have had a positive COVID-19 test and one of the symptoms from the left column OR You have had a positive COVID-19 test and are asymptomatic	If you have a positive COVID-19 test and/or have a fever >100.4 F and have at least <u>ONE</u> of the symptoms to the left: ☐ Stop patient activities ☐ Don mask ☐ Notify supervisor ☐ Go Home	At least five days after onset of symptoms, fever free for 24 hours without taking fever reducing medications AND Symptoms have significantly improved** Mask must be worn for 5 days after you return to work. Practice cough etiquette, hand and respiratory hygiene.

- ☐ Wash your hands often with hand sanitizer or soap and water. Use disinfectant wipes to clean frequently touched surfaces (e.g. keyboards, phones, desks, and work surfaces). ☐ *High risk units (NICU, BMT, Transplant units/clinics).
- ☐ **If you tested NEGATIVE for Influenza A & B and /or COVID-19, then you may return to work after you have been fever-free for 24 hours without antipyretics and your symptoms have significantly improved.
- ☐ **If you test positive for COVID-19, notify your leadership team right away. Stay home and isolate from Day 0 (symptom onset) through Day 5. On Day 6, check the flu/COVID grid to see if you can return to campus. Following these guidelines is essential to maintaining a safe and healthy workplace for everyone.